

































Gilgo Heading, NY - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:29	1.0	7:01	0.9	12:54	0.2	1:37	0.1	6:26	5:45	
2	Thu	7:24	1.0	7:52	0.9	1:44	0.1	2:24	0.0	6:24	5:46	
3	Fri	8:11	1.1	8:36	1.0	2:31	0.1	3:08	0.0	6:23	5:47	
4	Sat	8:52	1.1	9:15	1.0	3:17	0.0	3:51	-0.1	6:21	5:48	
5	Sun	9:31	1.2	9:52	1.1	4:01	0.0	4:32	-0.1	6:20	5:49	
6	Mon	10:08	1.2	10:27	1.1	4:45	-0.1	5:11	-0.1	6:18	5:50	
7	Tue	10:45	1.2	11:04	1.2	5:27	-0.1	5:49	-0.2	6:17	5:51	
8	Wed	11:25	1.2	11:44	1.2	6:08	-0.1	6:25	-0.1	6:15	5:53	
9	Thu			12:09	1.1	6:49	-0.1	7:02	-0.1	6:13	5:54	
10	Fri	12:29	1.2	12:59	1.1	7:33	-0.1	7:43	-0.1	6:12	5:55	
11	Sat	1:20	1.2	1:55	1.0	8:25	0.0	8:31	0.0	6:10	5:56	
12	Sun	2:18	1.2	2:55	1.0	9:29	0.0	9:33	0.0	6:09	5:57	
13	Mon	3:19	1.2	3:58	1.0	10:43	0.1	10:48	0.1	6:07	5:58	
14	Tue	4:22	1.2	5:04	1.0	11:55	0.0			6:05	5:59	
15	Wed	5:30	1.2	6:13	1.0	12:01	0.0	1:00	0.0	6:04	6:00	
16	Thu	6:40	1.2	7:18	1.1	1:07	0.0	1:57	-0.1	6:02	6:01	
17	Fri	7:42	1.2	8:15	1.2	2:06	-0.1	2:49	-0.1	6:00	6:02	
18	Sat	8:36	1.3	9:04	1.2	3:00	-0.1	3:38	-0.2	5:59	6:03	
19	Sun	9:23	1.3	9:50	1.3	3:52	-0.2	4:25	-0.2	5:57	6:04	
20	Mon	10:08	1.3	10:34	1.3	4:42	-0.2	5:09	-0.2	5:55	6:05	
21	Tue	10:52	1.2	11:17	1.3	5:28	-0.2	5:50	-0.2	5:54	6:06	
22	Wed	11:35	1.2	11:59	1.2	6:11	-0.1	6:28	-0.1	5:52	6:08	
23	Thu			12:19	1.1	6:51	-0.1	7:04	0.0	5:50	6:09	
24	Fri	12:43	1.2	1:04	1.0	7:31	0.0	7:40	0.1	5:49	6:10	
25	Sat	1:27	1.1	1:52	1.0	8:14	0.1	8:18	0.1	5:47	6:11	
26	Sun	2:14	1.1	2:42	0.9	9:02	0.2	9:04	0.2	5:45	6:12	
27	Mon	3:02	1.0	3:32	0.9	10:00	0.2	10:05	0.3	5:44	6:13	
28	Tue	3:51	1.0	4:24	0.9	11:04	0.2	11:14	0.3	5:42	6:14	
29	Wed	4:44	1.0	5:21	0.9			12:05	0.2	5:41	6:15	
30	Thu	5:43	1.0	6:21	0.9	12:17	0.3	12:59	0.2	5:39	6:16	
31	Fri	6:42	1.0	7:15	1.0	1:12	0.2	1:46	0.1	5:37	6:17	