

































Gilgo Heading, NY - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:23	1.3	10:41	1.6	5:08	-0.1	5:07	-0.1	5:26	8:28	
2	Sun	11:18	1.3	11:34	1.6	6:03	-0.2	6:03	-0.1	5:27	8:28	
3	Mon			12:13	1.3	6:55	-0.2	6:57	-0.1	5:27	8:28	
4	Tue	12:29	1.5	1:11	1.3	7:45	-0.2	7:50	0.0	5:28	8:27	
5	Wed	1:25	1.4	2:09	1.3	8:34	-0.1	8:44	0.0	5:28	8:27	
6	Thu	2:22	1.4	3:07	1.3	9:25	-0.1	9:40	0.1	5:29	8:27	
7	Fri	3:19	1.3	4:02	1.3	10:20	0.0	10:43	0.2	5:30	8:26	
8	Sat	4:13	1.2	4:53	1.2	11:16	0.1	11:47	0.2	5:30	8:26	
9	Sun	5:04	1.1	5:44	1.2			12:11	0.1	5:31	8:26	
10	Mon	5:57	1.1	6:36	1.2	12:49	0.2	1:04	0.1	5:32	8:25	
11	Tue	6:53	1.0	7:29	1.2	1:45	0.2	1:52	0.2	5:32	8:25	
12	Wed	7:50	1.0	8:19	1.3	2:35	0.2	2:38	0.2	5:33	8:24	
13	Thu	8:42	1.0	9:05	1.3	3:22	0.2	3:21	0.2	5:34	8:24	
14	Fri	9:29	1.0	9:47	1.3	4:07	0.1	4:05	0.2	5:35	8:23	
15	Sat	10:12	1.1	10:27	1.3	4:51	0.1	4:49	0.2	5:35	8:23	
16	Sun	10:53	1.1	11:05	1.3	5:34	0.1	5:32	0.2	5:36	8:22	
17	Mon	11:33	1.1	11:42	1.3	6:15	0.1	6:14	0.2	5:37	8:21	
18	Tue			12:13	1.1	6:54	0.1	6:53	0.2	5:38	8:21	
19	Wed	12:18	1.3	12:52	1.1	7:30	0.1	7:31	0.2	5:39	8:20	
20	Thu	12:54	1.2	1:31	1.1	8:04	0.1	8:07	0.2	5:40	8:19	
21	Fri	1:33	1.2	2:12	1.1	8:38	0.1	8:45	0.3	5:40	8:19	
22	Sat	2:16	1.2	2:56	1.1	9:14	0.1	9:31	0.3	5:41	8:18	
23	Sun	3:05	1.1	3:43	1.1	9:56	0.1	10:32	0.3	5:42	8:17	
24	Mon	3:57	1.1	4:32	1.2	10:49	0.1	11:45	0.3	5:43	8:16	
25	Tue	4:53	1.1	5:26	1.3	11:51	0.1			5:44	8:15	
26	Wed	5:54	1.1	6:27	1.3	12:56	0.2	12:55	0.1	5:45	8:14	
27	Thu	7:02	1.1	7:33	1.4	2:00	0.1	1:57	0.1	5:46	8:13	
28	Fri	8:10	1.1	8:36	1.4	2:58	0.1	2:56	0.0	5:47	8:12	
29	Sat	9:11	1.2	9:33	1.5	3:55	0.0	3:54	0.0	5:48	8:11	
30	Sun	10:08	1.3	10:27	1.5	4:50	-0.1	4:51	-0.1	5:49	8:10	
31	Mon	11:02	1.3	11:19	1.5	5:44	-0.2	5:48	-0.1	5:50	8:09	