
































## Gilgo Heading, NY - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:34	1.1	3:56	1.2	10:20	0.2	11:13	0.1	6:23	4:50	
2	Sun	4:35	1.1	4:55	1.2	11:32	0.3			6:24	4:49	
3	Mon	5:35	1.1	5:54	1.2	12:13	0.1	12:35	0.2	6:25	4:48	
4	Tue	6:33	1.1	6:50	1.2	1:04	0.1	1:28	0.2	6:27	4:47	
5	Wed	7:23	1.2	7:40	1.2	1:48	0.1	2:15	0.1	6:28	4:46	
6	Thu	8:07	1.2	8:23	1.2	2:28	0.1	2:59	0.1	6:29	4:45	
7	Fri	8:45	1.3	9:03	1.2	3:06	0.1	3:42	0.1	6:30	4:43	
8	Sat	9:20	1.3	9:41	1.1	3:43	0.1	4:23	0.1	6:31	4:42	
9	Sun	9:54	1.3	10:19	1.1	4:20	0.1	5:04	0.1	6:32	4:41	
10	Mon	10:27	1.3	10:57	1.1	4:57	0.1	5:43	0.1	6:34	4:40	
11	Tue	10:59	1.3	11:36	1.0	5:33	0.1	6:21	0.1	6:35	4:39	
12	Wed	11:32	1.2			6:07	0.2	6:57	0.1	6:36	4:39	
13	Thu	12:18	1.0	12:07	1.2	6:41	0.2	7:35	0.2	6:37	4:38	
14	Fri	1:05	0.9	12:49	1.1	7:16	0.3	8:18	0.2	6:38	4:37	
15	Sat	1:58	0.9	1:43	1.1	7:57	0.3	9:11	0.2	6:39	4:36	
16	Sun	2:51	0.9	2:41	1.1	8:53	0.3	10:15	0.2	6:41	4:35	
17	Mon	3:43	0.9	3:39	1.1	10:11	0.3	11:16	0.2	6:42	4:34	
18	Tue	4:36	1.0	4:39	1.1	11:27	0.3			6:43	4:34	
19	Wed	5:33	1.1	5:41	1.1	12:11	0.1	12:32	0.2	6:44	4:33	
20	Thu	6:30	1.2	6:44	1.2	1:01	0.0	1:30	0.1	6:45	4:32	
21	Fri	7:24	1.3	7:42	1.2	1:49	0.0	2:24	0.0	6:46	4:31	
22	Sat	8:15	1.4	8:35	1.2	2:37	-0.1	3:18	-0.1	6:48	4:31	
23	Sun	9:03	1.5	9:26	1.3	3:27	-0.1	4:12	-0.2	6:49	4:30	
24	Mon	9:52	1.5	10:18	1.2	4:18	-0.2	5:06	-0.2	6:50	4:30	
25	Tue	10:43	1.5	11:12	1.2	5:10	-0.1	5:58	-0.2	6:51	4:29	
26	Wed	11:36	1.5			6:01	-0.1	6:49	-0.2	6:52	4:29	
27	Thu	12:10	1.1	12:34	1.4	6:53	0.0	7:41	-0.1	6:53	4:28	
28	Fri	1:12	1.1	1:34	1.3	7:47	0.1	8:37	0.0	6:54	4:28	
29	Sat	2:15	1.1	2:34	1.2	8:47	0.1	9:37	0.0	6:55	4:28	
30	Sun	3:14	1.0	3:30	1.1	9:55	0.2	10:39	0.1	6:56	4:27	