

































Gilgo Heading, NY - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:12	1.0	5:30	0.9			12:26	0.2	7:17	4:36	
2	Fri	6:03	1.0	6:26	0.9	12:25	0.1	1:17	0.1	7:17	4:37	
3	Sat	6:54	1.1	7:20	0.9	1:10	0.1	2:04	0.1	7:17	4:38	
4	Sun	7:41	1.1	8:08	0.9	1:54	0.1	2:49	0.0	7:17	4:39	
5	Mon	8:24	1.1	8:52	0.9	2:37	0.1	3:33	0.0	7:17	4:40	
6	Tue	9:03	1.2	9:33	0.9	3:20	0.0	4:17	0.0	7:17	4:41	
7	Wed	9:40	1.2	10:13	0.9	4:04	0.0	4:59	0.0	7:17	4:42	
8	Thu	10:15	1.2	10:52	0.9	4:46	0.0	5:39	-0.1	7:17	4:43	
9	Fri	10:50	1.2	11:30	0.9	5:27	0.0	6:16	-0.1	7:17	4:44	
10	Sat	11:27	1.2			6:06	0.0	6:52	-0.1	7:16	4:45	
11	Sun	12:11	0.9	12:06	1.1	6:44	0.0	7:27	-0.1	7:16	4:46	
12	Mon	12:55	0.9	12:52	1.1	7:25	0.0	8:04	0.0	7:16	4:47	
13	Tue	1:43	1.0	1:44	1.0	8:13	0.1	8:47	0.0	7:16	4:48	
14	Wed	2:35	1.0	2:40	1.0	9:13	0.1	9:40	0.0	7:15	4:49	
15	Thu	3:28	1.1	3:38	1.0	10:27	0.1	10:44	0.0	7:15	4:50	
16	Fri	4:24	1.1	4:40	0.9	11:42	0.1	11:50	0.0	7:14	4:51	
17	Sat	5:26	1.2	5:50	0.9			12:50	0.0	7:14	4:52	
18	Sun	6:33	1.2	7:02	0.9	12:53	-0.1	1:51	-0.1	7:13	4:53	
19	Mon	7:37	1.3	8:05	1.0	1:53	-0.1	2:48	-0.1	7:13	4:54	
20	Tue	8:34	1.3	9:02	1.1	2:51	-0.1	3:44	-0.2	7:12	4:56	
21	Wed	9:26	1.4	9:55	1.1	3:47	-0.2	4:37	-0.2	7:12	4:57	
22	Thu	10:16	1.4	10:46	1.1	4:42	-0.2	5:26	-0.3	7:11	4:58	
23	Fri	11:05	1.3	11:36	1.1	5:34	-0.2	6:12	-0.3	7:10	4:59	
24	Sat	11:54	1.3			6:22	-0.1	6:55	-0.2	7:10	5:00	
25	Sun	12:26	1.1	12:43	1.2	7:08	-0.1	7:37	-0.2	7:09	5:02	
26	Mon	1:16	1.1	1:32	1.1	7:54	0.0	8:18	-0.1	7:08	5:03	
27	Tue	2:05	1.0	2:20	1.0	8:43	0.1	9:01	0.0	7:08	5:04	
28	Wed	2:52	1.0	3:08	0.9	9:39	0.1	9:48	0.1	7:07	5:05	
29	Thu	3:38	1.0	3:56	0.9	10:41	0.2	10:41	0.1	7:06	5:06	
30	Fri	4:24	1.0	4:47	0.8	11:43	0.2	11:36	0.1	7:05	5:08	
31	Sat	5:14	1.0	5:45	0.8			12:41	0.2	7:04	5:09	