



























Gilgo Heading, NY - May 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:50	1.1	8:29	1.2	2:32	0.2	2:57	0.1	5:51	7:49	
2	Sun	8:44	1.2	9:15	1.3	3:23	0.1	3:41	0.0	5:50	7:50	
3	Mon	9:33	1.2	10:00	1.4	4:14	0.0	4:27	-0.1	5:48	7:51	
4	Tue	10:21	1.2	10:45	1.5	5:06	-0.1	5:14	-0.1	5:47	7:52	
5	Wed	11:10	1.2	11:32	1.5	5:58	-0.1	6:02	-0.1	5:46	7:53	
6	Thu			12:01	1.2	6:49	-0.2	6:51	-0.1	5:45	7:54	
7	Fri	12:23	1.5	12:57	1.2	7:39	-0.1	7:41	0.0	5:44	7:55	
8	Sat	1:19	1.4	1:58	1.1	8:31	-0.1	8:33	0.0	5:43	7:56	
9	Sun	2:19	1.4	3:02	1.1	9:27	0.0	9:33	0.1	5:42	7:57	
10	Mon	3:22	1.3	4:04	1.1	10:29	0.0	10:43	0.2	5:40	7:58	
11	Tue	4:23	1.2	5:04	1.1	11:35	0.1	11:57	0.2	5:39	7:59	
12	Wed	5:21	1.2	6:02	1.1			12:37	0.1	5:38	8:00	
13	Thu	6:20	1.1	7:01	1.2	1:05	0.2	1:32	0.1	5:37	8:01	
14	Fri	7:19	1.1	7:56	1.2	2:03	0.2	2:20	0.1	5:36	8:02	
15	Sat	8:14	1.1	8:43	1.3	2:54	0.1	3:03	0.1	5:36	8:03	
16	Sun	9:02	1.1	9:25	1.3	3:41	0.1	3:43	0.1	5:35	8:04	
17	Mon	9:46	1.1	10:03	1.3	4:26	0.1	4:23	0.1	5:34	8:05	
18	Tue	10:27	1.1	10:39	1.3	5:09	0.1	5:02	0.1	5:33	8:06	
19	Wed	11:07	1.1	11:14	1.3	5:51	0.0	5:41	0.1	5:32	8:07	
20	Thu	11:47	1.1	11:49	1.3	6:32	0.1	6:20	0.2	5:31	8:08	
21	Fri			12:28	1.0	7:10	0.1	6:57	0.2	5:30	8:09	
22	Sat	12:23	1.2	1:12	1.0	7:48	0.1	7:33	0.2	5:30	8:10	
23	Sun	12:59	1.2	1:58	1.0	8:25	0.1	8:08	0.3	5:29	8:11	
24	Mon	1:40	1.1	2:47	0.9	9:04	0.2	8:47	0.3	5:28	8:12	
25	Tue	2:26	1.1	3:36	0.9	9:48	0.2	9:35	0.3	5:28	8:12	
26	Wed	3:18	1.1	4:23	1.0	10:41	0.2	10:40	0.4	5:27	8:13	
27	Thu	4:11	1.1	5:10	1.0	11:38	0.2	11:54	0.3	5:26	8:14	
28	Fri	5:05	1.1	6:00	1.1			12:34	0.2	5:26	8:15	
29	Sat	6:03	1.1	6:55	1.2	1:01	0.3	1:25	0.1	5:25	8:16	
30	Sun	7:06	1.1	7:50	1.3	2:01	0.2	2:15	0.1	5:25	8:16	
31	Mon	8:09	1.1	8:43	1.4	2:57	0.1	3:04	0.0	5:24	8:17	