

































Gilgo Heading, NY - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:43	1.2	10:09	1.5	4:29	-0.1	4:28	0.0	5:26	8:28	
2	Fri	10:39	1.2	11:02	1.5	5:25	-0.1	5:26	0.0	5:27	8:28	
3	Sat	11:35	1.2	11:56	1.5	6:19	-0.1	6:23	0.0	5:27	8:28	
4	Sun			12:32	1.2	7:11	-0.1	7:17	0.0	5:28	8:27	
5	Mon	12:51	1.5	1:30	1.2	7:59	-0.1	8:09	0.0	5:28	8:27	
6	Tue	1:46	1.4	2:27	1.2	8:47	-0.1	9:02	0.1	5:29	8:27	
7	Wed	2:42	1.3	3:22	1.2	9:36	0.0	10:00	0.2	5:30	8:26	
8	Thu	3:35	1.2	4:14	1.2	10:27	0.0	11:02	0.2	5:30	8:26	
9	Fri	4:25	1.1	5:02	1.2	11:20	0.1			5:31	8:26	
10	Sat	5:15	1.1	5:50	1.2	12:05	0.3	12:11	0.2	5:32	8:25	
11	Sun	6:06	1.0	6:39	1.2	1:04	0.3	1:01	0.2	5:32	8:25	
12	Mon	7:02	1.0	7:31	1.2	1:58	0.2	1:48	0.2	5:33	8:24	
13	Tue	7:58	1.0	8:21	1.2	2:47	0.2	2:33	0.2	5:34	8:24	
14	Wed	8:51	1.0	9:06	1.2	3:33	0.2	3:18	0.2	5:35	8:23	
15	Thu	9:38	1.0	9:48	1.3	4:18	0.2	4:02	0.2	5:35	8:23	
16	Fri	10:21	1.0	10:27	1.3	5:02	0.1	4:47	0.2	5:36	8:22	
17	Sat	11:02	1.1	11:04	1.3	5:45	0.1	5:32	0.2	5:37	8:21	
18	Sun	11:42	1.1	11:39	1.3	6:26	0.1	6:15	0.2	5:38	8:21	
19	Mon			12:22	1.1	7:03	0.1	6:55	0.2	5:39	8:20	
20	Tue	12:14	1.3	1:01	1.1	7:38	0.1	7:33	0.2	5:40	8:19	
21	Wed	12:51	1.2	1:42	1.1	8:11	0.1	8:11	0.2	5:40	8:19	
22	Thu	1:31	1.2	2:25	1.1	8:45	0.1	8:54	0.2	5:41	8:18	
23	Fri	2:18	1.2	3:11	1.2	9:21	0.1	9:45	0.2	5:42	8:17	
24	Sat	3:10	1.1	4:00	1.2	10:05	0.1	10:51	0.3	5:43	8:16	
25	Sun	4:05	1.1	4:51	1.3	11:00	0.1			5:44	8:15	
26	Mon	5:03	1.1	5:48	1.3	12:04	0.2	12:06	0.1	5:45	8:14	
27	Tue	6:08	1.0	6:52	1.3	1:14	0.2	1:12	0.1	5:46	8:13	
28	Wed	7:21	1.1	7:59	1.4	2:18	0.1	2:16	0.1	5:47	8:12	
29	Thu	8:30	1.1	9:00	1.5	3:17	0.0	3:16	0.0	5:48	8:11	
30	Fri	9:31	1.2	9:56	1.5	4:13	0.0	4:15	0.0	5:49	8:10	
31	Sat	10:27	1.2	10:49	1.5	5:08	-0.1	5:13	0.0	5:50	8:09	