

































## Gilgo Heading, NY - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:36	0.9	1:22	1.0	7:51	0.2	8:30	0.1	7:17	4:37	
2	Sun	2:20	0.9	2:10	1.0	8:38	0.2	9:13	0.1	7:17	4:38	
3	Mon	3:05	1.0	3:02	0.9	9:42	0.2	10:06	0.1	7:17	4:39	
4	Tue	3:52	1.0	3:57	0.9	10:56	0.2	11:07	0.1	7:17	4:40	
5	Wed	4:45	1.1	4:59	0.9			12:06	0.1	7:17	4:40	
6	Thu	5:45	1.1	6:09	0.9	12:09	0.0	1:09	0.0	7:17	4:41	
7	Fri	6:49	1.2	7:17	0.9	1:08	0.0	2:07	0.0	7:17	4:42	
8	Sat	7:49	1.3	8:18	1.0	2:05	-0.1	3:03	-0.1	7:17	4:43	
9	Sun	8:44	1.4	9:13	1.1	3:02	-0.1	3:59	-0.2	7:16	4:44	
10	Mon	9:37	1.4	10:07	1.1	3:59	-0.2	4:52	-0.3	7:16	4:45	
11	Tue	10:29	1.4	11:01	1.1	4:56	-0.2	5:43	-0.3	7:16	4:46	
12	Wed	11:22	1.4	11:55	1.1	5:50	-0.2	6:31	-0.3	7:16	4:48	
13	Thu			12:15	1.3	6:41	-0.2	7:18	-0.3	7:15	4:49	
14	Fri	12:51	1.1	1:10	1.2	7:32	-0.1	8:05	-0.2	7:15	4:50	
15	Sat	1:47	1.1	2:04	1.1	8:26	0.0	8:54	-0.1	7:14	4:51	
16	Sun	2:41	1.1	2:57	1.1	9:26	0.0	9:47	-0.1	7:14	4:52	
17	Mon	3:32	1.1	3:48	1.0	10:31	0.1	10:42	0.0	7:14	4:53	
18	Tue	4:22	1.1	4:41	0.9	11:36	0.1	11:37	0.1	7:13	4:54	
19	Wed	5:14	1.0	5:38	0.8			12:36	0.1	7:13	4:55	
20	Thu	6:09	1.0	6:38	0.8	12:30	0.1	1:29	0.1	7:12	4:57	
21	Fri	7:05	1.0	7:35	0.8	1:19	0.1	2:18	0.1	7:11	4:58	
22	Sat	7:55	1.1	8:24	0.9	2:06	0.1	3:03	0.0	7:11	4:59	
23	Sun	8:39	1.1	9:07	0.9	2:52	0.1	3:47	0.0	7:10	5:00	
24	Mon	9:19	1.1	9:48	0.9	3:37	0.0	4:30	0.0	7:09	5:01	
25	Tue	9:56	1.1	10:27	1.0	4:20	0.0	5:09	-0.1	7:09	5:02	
26	Wed	10:31	1.1	11:04	1.0	5:02	0.0	5:46	-0.1	7:08	5:04	
27	Thu	11:04	1.1	11:41	1.0	5:41	0.0	6:20	-0.1	7:07	5:05	
28	Fri	11:37	1.1			6:18	0.0	6:51	-0.1	7:06	5:06	
29	Sat	12:16	1.0	12:11	1.0	6:53	0.0	7:21	0.0	7:05	5:07	
30	Sun	12:54	1.0	12:50	1.0	7:30	0.1	7:51	0.0	7:04	5:09	
31	Mon	1:35	1.0	1:36	1.0	8:12	0.1	8:25	0.0	7:03	5:10	