














Gilgo Heading, NY - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:56	1.3	8:26	1.0	2:11	-0.1	3:09	-0.1	7:17	4:36	
2	Tue	8:48	1.3	9:17	1.0	3:04	-0.1	4:01	-0.1	7:17	4:37	
3	Wed	9:35	1.3	10:06	1.0	3:55	-0.1	4:50	-0.1	7:17	4:38	
4	Thu	10:20	1.3	10:52	1.0	4:45	-0.1	5:36	-0.1	7:17	4:39	
5	Fri	11:04	1.2	11:39	1.0	5:32	0.0	6:17	-0.1	7:17	4:40	
6	Sat	11:47	1.2			6:15	0.0	6:56	-0.1	7:17	4:41	
7	Sun	12:25	1.0	12:31	1.1	6:56	0.0	7:33	0.0	7:17	4:42	
8	Mon	1:12	1.0	1:15	1.0	7:36	0.1	8:10	0.0	7:17	4:43	
9	Tue	1:59	1.0	2:00	1.0	8:20	0.1	8:48	0.1	7:16	4:44	
10	Wed	2:43	1.0	2:45	0.9	9:10	0.2	9:31	0.1	7:16	4:45	
11	Thu	3:27	1.0	3:30	0.8	10:10	0.2	10:22	0.1	7:16	4:46	
12	Fri	4:11	1.0	4:18	0.8	11:14	0.2	11:17	0.2	7:16	4:47	
13	Sat	4:58	1.0	5:13	0.8			12:15	0.2	7:15	4:48	
14	Sun	5:51	1.0	6:15	0.8	12:12	0.1	1:11	0.1	7:15	4:49	
15	Mon	6:47	1.1	7:16	0.8	1:05	0.1	2:02	0.1	7:15	4:50	
16	Tue	7:40	1.1	8:08	0.9	1:55	0.1	2:51	0.0	7:14	4:51	
17	Wed	8:27	1.2	8:54	0.9	2:44	0.0	3:39	-0.1	7:14	4:52	
18	Thu	9:11	1.3	9:38	1.0	3:33	0.0	4:26	-0.1	7:13	4:54	
19	Fri	9:55	1.3	10:22	1.0	4:22	-0.1	5:11	-0.2	7:13	4:55	
20	Sat	10:39	1.3	11:08	1.1	5:12	-0.1	5:54	-0.2	7:12	4:56	
21	Sun	11:26	1.3	11:57	1.1	5:59	-0.2	6:36	-0.2	7:12	4:57	
22	Mon			12:15	1.2	6:47	-0.1	7:18	-0.2	7:11	4:58	
23	Tue	12:49	1.1	1:08	1.2	7:36	-0.1	8:02	-0.2	7:10	5:00	
24	Wed	1:44	1.1	2:04	1.1	8:32	0.0	8:51	-0.1	7:10	5:01	
25	Thu	2:39	1.1	3:01	1.0	9:37	0.0	9:49	-0.1	7:09	5:02	
26	Fri	3:35	1.1	3:59	0.9	10:49	0.1	10:53	0.0	7:08	5:03	
27	Sat	4:33	1.1	5:02	0.9			12:00	0.1	7:07	5:04	
28	Sun	5:37	1.1	6:10	0.9			1:05	0.0	7:06	5:06	
29	Mon	6:43	1.1	7:17	0.9	1:01	0.0	2:03	0.0	7:06	5:07	
30	Tue	7:44	1.1	8:15	0.9	1:58	0.0	2:55	-0.1	7:05	5:08	
31	Wed	8:36	1.2	9:04	1.0	2:51	0.0	3:44	-0.1	7:04	5:09	