

































Gilgo Heading, NY - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:19	1.1	8:45	1.0	2:36	0.0	3:21	0.0	6:27	5:44	
2	Fri	9:01	1.1	9:26	1.1	3:23	0.0	4:02	-0.1	6:25	5:45	
3	Sat	9:40	1.1	10:04	1.1	4:08	0.0	4:41	-0.1	6:24	5:46	
4	Sun	10:16	1.1	10:41	1.1	4:50	-0.1	5:16	-0.1	6:22	5:47	
5	Mon	10:51	1.1	11:16	1.1	5:29	-0.1	5:49	-0.1	6:21	5:48	
6	Tue	11:26	1.1	11:50	1.1	6:06	0.0	6:20	0.0	6:19	5:50	
7	Wed			12:00	1.0	6:41	0.0	6:48	0.0	6:18	5:51	
8	Thu	12:24	1.1	12:36	0.9	7:15	0.0	7:15	0.1	6:16	5:52	
9	Fri	12:59	1.0	1:15	0.9	7:51	0.1	7:43	0.1	6:14	5:53	
10	Sat	1:38	1.0	2:00	0.8	8:32	0.2	8:16	0.2	6:13	5:54	
11	Sun	3:23	1.0	3:52	0.8	10:29	0.2	10:06	0.2	7:11	6:55	
12	Mon	4:16	1.0	4:50	0.8	11:44	0.2	11:28	0.2	7:10	6:56	
13	Tue	5:16	1.0	5:54	0.8			12:56	0.2	7:08	6:57	
14	Wed	6:23	1.0	7:05	0.9	12:53	0.2	1:57	0.1	7:06	6:58	
15	Thu	7:33	1.1	8:09	1.0	2:01	0.1	2:50	0.0	7:05	6:59	
16	Fri	8:33	1.2	9:03	1.1	2:59	0.0	3:39	-0.1	7:03	7:00	
17	Sat	9:26	1.3	9:51	1.2	3:53	-0.1	4:26	-0.2	7:01	7:01	
18	Sun	10:14	1.3	10:38	1.3	4:47	-0.2	5:13	-0.2	7:00	7:03	
19	Mon	11:01	1.3	11:24	1.4	5:39	-0.2	5:59	-0.3	6:58	7:04	
20	Tue	11:49	1.3			6:30	-0.3	6:45	-0.3	6:57	7:05	
21	Wed	12:12	1.4	12:40	1.2	7:20	-0.2	7:29	-0.2	6:55	7:06	
22	Thu	1:02	1.4	1:33	1.2	8:09	-0.2	8:15	-0.2	6:53	7:07	
23	Fri	1:56	1.3	2:32	1.1	9:02	-0.1	9:04	0.0	6:52	7:08	
24	Sat	2:54	1.2	3:32	1.0	10:01	0.0	10:01	0.1	6:50	7:09	
25	Sun	3:54	1.2	4:33	1.0	11:10	0.1	11:11	0.2	6:48	7:10	
26	Mon	4:54	1.1	5:34	0.9			12:21	0.1	6:47	7:11	
27	Tue	5:56	1.0	6:38	0.9	12:25	0.2	1:26	0.1	6:45	7:12	
28	Wed	7:01	1.0	7:40	1.0	1:31	0.2	2:20	0.1	6:43	7:13	
29	Thu	8:02	1.0	8:34	1.0	2:27	0.1	3:07	0.1	6:42	7:14	
30	Fri	8:52	1.1	9:19	1.1	3:16	0.1	3:48	0.0	6:40	7:15	
31	Sat	9:34	1.1	9:58	1.2	4:01	0.1	4:26	0.0	6:38	7:16	