

































## Gilgo Heading, NY - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:25	0.9	4:58	0.8	11:53	0.2	11:52	0.2	6:26	5:45	
2	Sun	5:25	0.9	6:03	0.8			12:52	0.2	6:24	5:46	
3	Mon	6:29	1.0	7:05	0.8	12:54	0.2	1:43	0.1	6:23	5:47	
4	Tue	7:25	1.1	7:55	0.9	1:47	0.1	2:29	0.0	6:21	5:48	
5	Wed	8:13	1.1	8:38	1.0	2:36	0.0	3:13	-0.1	6:20	5:49	
6	Thu	8:55	1.2	9:18	1.1	3:24	0.0	3:56	-0.1	6:18	5:50	
7	Fri	9:37	1.2	9:58	1.2	4:12	-0.1	4:38	-0.2	6:16	5:51	
8	Sat	10:18	1.2	10:39	1.3	4:59	-0.2	5:19	-0.2	6:15	5:53	
9	Sun			12:02	1.2	6:45	-0.2	6:59	-0.2	7:13	6:54	
10	Mon	12:22	1.3	12:49	1.2	7:31	-0.2	7:40	-0.2	7:12	6:55	
11	Tue	1:10	1.3	1:41	1.1	8:19	-0.1	8:23	-0.1	7:10	6:56	
12	Wed	2:03	1.3	2:39	1.0	9:11	-0.1	9:12	-0.1	7:08	6:57	
13	Thu	3:02	1.2	3:41	1.0	10:13	0.0	10:12	0.0	7:07	6:58	
14	Fri	4:04	1.2	4:44	0.9	11:27	0.1	11:27	0.1	7:05	6:59	
15	Sat	5:08	1.1	5:49	0.9			12:40	0.1	7:04	7:00	
16	Sun	6:15	1.1	6:58	1.0	12:43	0.1	1:45	0.0	7:02	7:01	
17	Mon	7:24	1.1	8:03	1.0	1:51	0.1	2:41	0.0	7:00	7:02	
18	Tue	8:26	1.1	8:58	1.1	2:49	0.0	3:30	-0.1	6:59	7:03	
19	Wed	9:17	1.2	9:44	1.2	3:41	0.0	4:15	-0.1	6:57	7:04	
20	Thu	10:01	1.2	10:26	1.2	4:29	-0.1	4:58	-0.1	6:55	7:05	
21	Fri	10:42	1.2	11:04	1.2	5:15	-0.1	5:37	-0.1	6:54	7:07	
22	Sat	11:20	1.2	11:42	1.2	5:58	-0.1	6:14	-0.1	6:52	7:08	
23	Sun	11:58	1.1			6:38	-0.1	6:49	0.0	6:50	7:09	
24	Mon	12:18	1.2	12:36	1.1	7:16	0.0	7:21	0.0	6:49	7:10	
25	Tue	12:54	1.2	1:15	1.0	7:52	0.0	7:52	0.1	6:47	7:11	
26	Wed	1:32	1.1	1:56	0.9	8:28	0.1	8:22	0.1	6:45	7:12	
27	Thu	2:12	1.1	2:43	0.9	9:07	0.1	8:55	0.2	6:44	7:13	
28	Fri	2:57	1.0	3:33	0.8	9:54	0.2	9:38	0.3	6:42	7:14	
29	Sat	3:47	1.0	4:26	0.8	10:57	0.2	10:45	0.3	6:40	7:15	
30	Sun	4:40	1.0	5:21	0.8			12:07	0.2	6:39	7:16	
31	Mon	5:38	1.0	6:20	0.9	12:09	0.3	1:09	0.2	6:37	7:17	