

## Gilgo Heading, NY - Jul 2009

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:51	1.1	6:30	1.3	12:46	0.2	12:55	0.1	5:26	8:28	☾
2	Thu	6:48	1.0	7:24	1.3	1:44	0.2	1:46	0.2	5:27	8:28	☾
3	Fri	7:47	1.0	8:17	1.3	2:36	0.2	2:33	0.2	5:27	8:28	☾
4	Sat	8:42	1.0	9:04	1.3	3:24	0.2	3:19	0.2	5:28	8:27	☾
5	Sun	9:31	1.0	9:48	1.3	4:10	0.1	4:04	0.2	5:28	8:27	☾
6	Mon	10:15	1.0	10:28	1.3	4:54	0.1	4:49	0.2	5:29	8:27	☾
7	Tue	10:56	1.1	11:07	1.3	5:37	0.1	5:33	0.2	5:30	8:27	☾
8	Wed	11:37	1.1	11:45	1.3	6:18	0.1	6:16	0.2	5:30	8:26	☾
9	Thu			12:16	1.1	6:55	0.1	6:55	0.2	5:31	8:26	☾
10	Fri	12:21	1.2	12:56	1.1	7:30	0.1	7:33	0.2	5:32	8:25	☾
11	Sat	12:57	1.2	1:34	1.1	8:03	0.1	8:09	0.3	5:32	8:25	☾
12	Sun	1:34	1.2	2:13	1.1	8:35	0.1	8:46	0.3	5:33	8:24	☾
13	Mon	2:14	1.1	2:54	1.1	9:07	0.1	9:30	0.3	5:34	8:24	☾
14	Tue	3:00	1.1	3:38	1.1	9:45	0.2	10:28	0.3	5:35	8:23	☾
15	Wed	3:50	1.0	4:24	1.2	10:33	0.2	11:41	0.3	5:35	8:23	☾
16	Thu	4:44	1.0	5:17	1.2	11:33	0.2			5:36	8:22	☾
17	Fri	5:45	1.0	6:17	1.3	12:52	0.3	12:40	0.2	5:37	8:22	☾
18	Sat	6:54	1.0	7:24	1.3	1:57	0.2	1:45	0.1	5:38	8:21	☾
19	Sun	8:05	1.1	8:29	1.4	2:56	0.1	2:46	0.1	5:39	8:20	☾
20	Mon	9:07	1.1	9:28	1.5	3:52	0.0	3:46	0.0	5:39	8:19	☾
21	Tue	10:04	1.2	10:22	1.5	4:47	-0.1	4:45	0.0	5:40	8:19	☾
22	Wed	10:58	1.3	11:14	1.5	5:40	-0.1	5:42	-0.1	5:41	8:18	☾
23	Thu	11:51	1.3			6:31	-0.2	6:37	-0.1	5:42	8:17	☾
24	Fri	12:06	1.5	12:44	1.4	7:18	-0.2	7:29	-0.1	5:43	8:16	☾
25	Sat	12:58	1.4	1:39	1.4	8:04	-0.2	8:20	0.0	5:44	8:15	☾
26	Sun	1:51	1.3	2:33	1.3	8:49	-0.1	9:12	0.1	5:45	8:14	☾
27	Mon	2:45	1.3	3:25	1.3	9:36	0.0	10:09	0.2	5:46	8:14	☾
28	Tue	3:38	1.2	4:16	1.3	10:27	0.1	11:11	0.2	5:47	8:13	☾
29	Wed	4:30	1.1	5:06	1.2	11:22	0.2			5:48	8:12	☾
30	Thu	5:22	1.0	5:57	1.2	12:15	0.3	12:19	0.2	5:48	8:11	☾
31	Fri	6:18	1.0	6:51	1.2	1:15	0.3	1:15	0.3	5:49	8:10	☾