

































## Gilgo Heading, NY - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:41	1.4	9:13	1.1	3:03	0.0	4:00	-0.1	6:58	4:27	
2	Wed	9:26	1.4	10:00	1.1	3:52	-0.1	4:51	-0.1	6:59	4:27	
3	Thu	10:13	1.4	10:51	1.1	4:43	-0.1	5:41	-0.1	7:00	4:26	
4	Fri	11:04	1.4	11:45	1.1	5:35	-0.1	6:29	-0.1	7:01	4:26	
5	Sat	11:59	1.4			6:26	-0.1	7:18	-0.1	7:02	4:26	
6	Sun	12:44	1.1	12:58	1.3	7:19	0.0	8:09	-0.1	7:03	4:26	
7	Mon	1:45	1.1	1:58	1.2	8:16	0.0	9:05	-0.1	7:03	4:26	
8	Tue	2:45	1.1	2:57	1.2	9:22	0.1	10:05	0.0	7:04	4:26	
9	Wed	3:42	1.2	3:54	1.1	10:32	0.1	11:05	0.0	7:05	4:26	
10	Thu	4:37	1.2	4:51	1.1	11:40	0.1			7:06	4:26	
11	Fri	5:34	1.2	5:51	1.0	12:02	0.0	12:42	0.1	7:07	4:26	
12	Sat	6:31	1.2	6:51	1.0	12:55	0.0	1:37	0.0	7:08	4:26	
13	Sun	7:24	1.3	7:46	1.0	1:43	0.0	2:27	0.0	7:08	4:26	
14	Mon	8:12	1.3	8:35	1.0	2:29	0.0	3:15	0.0	7:09	4:27	
15	Tue	8:55	1.3	9:19	1.0	3:14	0.0	4:01	0.0	7:10	4:27	
16	Wed	9:37	1.3	10:02	1.0	3:59	0.0	4:45	0.0	7:11	4:27	
17	Thu	10:16	1.2	10:43	1.0	4:42	0.0	5:27	0.0	7:11	4:28	
18	Fri	10:56	1.2	11:25	1.0	5:24	0.1	6:06	0.0	7:12	4:28	
19	Sat	11:35	1.2			6:03	0.1	6:42	0.0	7:12	4:28	
20	Sun	12:07	0.9	12:15	1.1	6:41	0.1	7:17	0.0	7:13	4:29	
21	Mon	12:51	0.9	12:56	1.1	7:18	0.2	7:53	0.1	7:13	4:29	
22	Tue	1:36	0.9	1:39	1.0	7:56	0.2	8:30	0.1	7:14	4:30	
23	Wed	2:20	0.9	2:24	1.0	8:42	0.2	9:12	0.1	7:14	4:30	
24	Thu	3:03	0.9	3:10	0.9	9:43	0.3	10:01	0.1	7:15	4:31	
25	Fri	3:46	1.0	3:59	0.9	10:53	0.3	10:58	0.1	7:15	4:32	
26	Sat	4:33	1.0	4:55	0.9			12:00	0.2	7:15	4:32	
27	Sun	5:27	1.1	5:59	0.9			1:00	0.1	7:16	4:33	
28	Mon	6:27	1.1	7:04	0.9	12:51	0.0	1:55	0.0	7:16	4:34	
29	Tue	7:26	1.2	8:02	1.0	1:46	0.0	2:48	0.0	7:16	4:34	
30	Wed	8:20	1.3	8:55	1.0	2:39	-0.1	3:41	-0.1	7:16	4:35	
31	Thu	9:12	1.4	9:46	1.1	3:34	-0.1	4:34	-0.2	7:17	4:36	