US HARBORS www.USHarbors.com

Gilgo Heading, NY - Mar 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**7:37**	1.1	**8:04**	1.0	**2:00**	0.0	**2:35**	0.0	6:27	5:44	
2	Wed	**8:24**	1.1	**8:47**	1.0	**2:48**	0.0	**3:17**	0.0	6:25	5:45	
3	Thu	**9:05**	1.1	**9:26**	1.1	**3:32**	0.0	**3:57**	-0.1	6:24	5:46	
4	Fri	**9:43**	1.1	**10:03**	1.1	**4:15**	0.0	**4:35**	-0.1	6:22	5:47	
5	Sat	**10:20**	1.1	**10:37**	1.1	**4:56**	-0.1	**5:11**	-0.1	6:21	5:48	
6	Sun	**10:55**	1.1	**11:11**	1.1	**5:34**	-0.1	**5:45**	-0.1	6:19	5:50	
7	Mon	**11:30**	1.1	**11:42**	1.1	**6:10**	0.0	**6:17**	0.0	6:18	5:51	
8	Tue			**12:05**	1.0	**6:45**	0.0	**6:47**	0.0	6:16	5:52	
9	Wed	**12:14**	1.1	**12:42**	0.9	**7:19**	0.1	**7:16**	0.0	6:14	5:53	
10	Thu	**12:48**	1.1	**1:24**	0.9	**7:55**	0.1	**7:48**	0.1	6:13	5:54	
11	Fri	**1:29**	1.0	**2:13**	0.9	**8:38**	0.2	**8:28**	0.1	6:11	5:55	
12	Sat	**2:20**	1.0	**3:07**	0.9	**9:41**	0.2	**9:28**	0.2	6:10	5:56	
13	Sun	**4:17**	1.0	**5:06**	0.9	**11:58**	0.2	**11:50**	0.2	7:08	6:57	
14	Mon	**5:20**	1.1	**6:11**	0.9			**1:07**	0.1	7:06	6:58	
15	Tue	**6:30**	1.1	**7:19**	1.0	**1:07**	0.1	**2:06**	0.0	7:05	6:59	
16	Wed	**7:39**	1.2	**8:21**	1.1	**2:12**	0.0	**2:58**	-0.1	7:03	7:00	
17	Thu	**8:41**	1.2	**9:15**	1.2	**3:10**	-0.1	**3:48**	-0.1	7:01	7:02	
18	Fri	**9:34**	1.3	**10:05**	1.3	**4:05**	-0.2	**4:38**	-0.2	7:00	7:03	
19	Sat	**10:24**	1.3	**10:53**	1.4	**5:00**	-0.3	**5:26**	-0.3	6:58	7:04	
20	Sun	**11:14**	1.3	**11:42**	1.4	**5:53**	-0.3	**6:14**	-0.3	6:56	7:05	
21	Mon			**12:04**	1.3	**6:44**	-0.3	**7:01**	-0.3	6:55	7:06	
22	Tue	**12:32**	1.4	**12:56**	1.2	**7:34**	-0.3	**7:48**	-0.2	6:53	7:07	
23	Wed	**1:24**	1.4	**1:52**	1.2	**8:24**	-0.2	**8:35**	-0.1	6:52	7:08	
24	Thu	**2:20**	1.3	**2:50**	1.1	**9:17**	-0.1	**9:28**	0.0	6:50	7:09	
25	Fri	**3:17**	1.2	**3:49**	1.0	**10:16**	0.0	**10:29**	0.1	6:48	7:10	
26	Sat	**4:14**	1.1	**4:47**	1.0	**11:22**	0.1	**11:38**	0.2	6:47	7:11	
27	Sun	**5:11**	1.1	**5:45**	0.9			**12:28**	0.1	6:45	7:12	
28	Mon	**6:10**	1.0	**6:45**	1.0	**12:46**	0.2	**1:27**	0.1	6:43	7:13	
29	Tue	**7:10**	1.0	**7:44**	1.0	**1:46**	0.2	**2:17**	0.1	6:42	7:14	
30	Wed	**8:06**	1.1	**8:35**	1.1	**2:37**	0.1	**3:01**	0.1	6:40	7:15	
31	Thu	**8:54**	1.1	**9:18**	1.1	**3:24**	0.1	**3:42**	0.0	6:38	7:16	