

































Gilgo Heading, NY - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:01	1.0	3:05	0.9	9:30	0.2	10:03	0.1	7:17	4:36	
2	Sat	3:47	1.0	3:52	0.9	10:31	0.2	10:56	0.1	7:17	4:37	
3	Sun	4:34	1.0	4:42	0.9	11:33	0.2	11:49	0.1	7:17	4:38	
4	Mon	5:24	1.0	5:37	0.9			12:30	0.2	7:17	4:39	
5	Tue	6:17	1.0	6:35	0.9	12:40	0.1	1:22	0.1	7:17	4:40	
6	Wed	7:08	1.1	7:29	0.9	1:27	0.1	2:10	0.0	7:17	4:41	
7	Thu	7:54	1.1	8:16	1.0	2:13	0.0	2:56	0.0	7:17	4:42	
8	Fri	8:37	1.2	9:00	1.0	2:58	0.0	3:43	-0.1	7:17	4:43	
9	Sat	9:18	1.3	9:42	1.0	3:44	-0.1	4:29	-0.1	7:16	4:44	
10	Sun	9:59	1.3	10:24	1.1	4:30	-0.1	5:13	-0.2	7:16	4:45	
11	Mon	10:41	1.3	11:09	1.1	5:16	-0.1	5:57	-0.2	7:16	4:46	
12	Tue	11:27	1.3	11:57	1.1	6:02	-0.1	6:39	-0.2	7:16	4:47	
13	Wed			12:16	1.3	6:48	-0.1	7:23	-0.2	7:15	4:48	
14	Thu	12:50	1.1	1:11	1.2	7:37	-0.1	8:09	-0.2	7:15	4:49	
15	Fri	1:47	1.1	2:08	1.1	8:33	0.0	9:02	-0.1	7:15	4:50	
16	Sat	2:44	1.1	3:06	1.1	9:39	0.0	10:02	-0.1	7:14	4:51	
17	Sun	3:42	1.1	4:05	1.0	10:50	0.0	11:07	-0.1	7:14	4:52	
18	Mon	4:40	1.1	5:06	1.0			12:00	0.0	7:13	4:53	
19	Tue	5:42	1.2	6:12	1.0	12:09	-0.1	1:03	0.0	7:13	4:55	
20	Wed	6:46	1.2	7:16	1.0	1:08	-0.1	2:00	-0.1	7:12	4:56	
21	Thu	7:44	1.2	8:12	1.1	2:03	-0.1	2:53	-0.1	7:12	4:57	
22	Fri	8:35	1.3	9:03	1.1	2:54	-0.1	3:43	-0.2	7:11	4:58	
23	Sat	9:22	1.3	9:49	1.1	3:44	-0.1	4:31	-0.2	7:10	4:59	
24	Sun	10:05	1.3	10:34	1.1	4:32	-0.1	5:15	-0.2	7:10	5:00	
25	Mon	10:47	1.2	11:18	1.1	5:18	-0.1	5:56	-0.2	7:09	5:02	
26	Tue	11:29	1.2			6:00	-0.1	6:34	-0.1	7:08	5:03	
27	Wed	12:01	1.1	12:10	1.1	6:39	-0.1	7:10	-0.1	7:07	5:04	
28	Thu	12:46	1.0	12:52	1.0	7:18	0.0	7:45	0.0	7:07	5:05	
29	Fri	1:30	1.0	1:36	1.0	7:58	0.1	8:22	0.0	7:06	5:07	
30	Sat	2:15	1.0	2:21	0.9	8:43	0.1	9:03	0.1	7:05	5:08	
31	Sun	3:00	1.0	3:07	0.9	9:37	0.2	9:53	0.1	7:04	5:09	