

































## Gilgo Heading, NY - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:12	1.0	6:43	0.9	12:40	0.1	1:24	0.1	6:27	5:44	
2	Sat	7:10	1.0	7:38	0.9	1:32	0.1	2:12	0.1	6:25	5:45	
3	Sun	7:59	1.1	8:25	1.0	2:20	0.1	2:56	0.0	6:24	5:46	
4	Mon	8:43	1.1	9:06	1.0	3:05	0.0	3:37	0.0	6:22	5:47	
5	Tue	9:22	1.1	9:43	1.1	3:48	0.0	4:17	-0.1	6:21	5:49	
6	Wed	9:59	1.2	10:19	1.1	4:30	0.0	4:56	-0.1	6:19	5:50	
7	Thu	10:34	1.1	10:52	1.1	5:10	0.0	5:31	-0.1	6:17	5:51	
8	Fri	11:08	1.1	11:24	1.1	5:48	0.0	6:05	-0.1	6:16	5:52	
9	Sat	11:42	1.1	11:55	1.1	6:24	0.0	6:36	0.0	6:14	5:53	
10	Sun			1:17	1.0	7:58	0.0	8:06	0.0	7:13	6:54	
11	Mon	1:30	1.1	1:58	1.0	8:34	0.0	8:38	0.0	7:11	6:55	
12	Tue	2:12	1.1	2:47	1.0	9:16	0.1	9:17	0.1	7:09	6:56	
13	Wed	3:03	1.1	3:44	0.9	10:14	0.1	10:11	0.1	7:08	6:57	
14	Thu	4:01	1.1	4:45	0.9	11:31	0.1	11:27	0.1	7:06	6:58	
15	Fri	5:04	1.1	5:51	0.9			12:47	0.1	7:05	6:59	
16	Sat	6:14	1.1	7:02	1.0	12:47	0.1	1:52	0.0	7:03	7:01	
17	Sun	7:27	1.2	8:09	1.1	1:56	0.0	2:50	-0.1	7:01	7:02	
18	Mon	8:32	1.3	9:08	1.2	2:58	-0.1	3:44	-0.2	7:00	7:03	
19	Tue	9:29	1.3	10:00	1.3	3:55	-0.2	4:35	-0.2	6:58	7:04	
20	Wed	10:21	1.4	10:50	1.4	4:51	-0.2	5:25	-0.3	6:56	7:05	
21	Thu	11:10	1.4	11:39	1.4	5:44	-0.3	6:13	-0.3	6:55	7:06	
22	Fri	11:59	1.3			6:35	-0.3	6:59	-0.3	6:53	7:07	
23	Sat	12:27	1.4	12:48	1.3	7:23	-0.2	7:43	-0.2	6:51	7:08	
24	Sun	1:16	1.3	1:39	1.2	8:10	-0.2	8:26	-0.1	6:50	7:09	
25	Mon	2:07	1.3	2:32	1.1	8:58	-0.1	9:11	0.0	6:48	7:10	
26	Tue	2:59	1.2	3:27	1.0	9:50	0.0	10:01	0.1	6:46	7:11	
27	Wed	3:51	1.1	4:20	1.0	10:49	0.1	11:01	0.2	6:45	7:12	
28	Thu	4:43	1.1	5:14	0.9	11:53	0.2			6:43	7:13	
29	Fri	5:36	1.0	6:11	0.9	12:06	0.2	12:55	0.2	6:41	7:14	
30	Sat	6:34	1.0	7:10	0.9	1:09	0.2	1:49	0.2	6:40	7:15	
31	Sun	7:33	1.0	8:07	1.0	2:04	0.2	2:37	0.1	6:38	7:16	