

































Gilgo Heading, NY - May 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:34	1.1	9:00	1.2	3:07	0.2	3:21	0.1	5:52	7:49	
2	Thu	9:18	1.1	9:38	1.2	3:52	0.1	4:01	0.1	5:50	7:50	
3	Fri	9:58	1.1	10:14	1.3	4:36	0.1	4:41	0.0	5:49	7:51	
4	Sat	10:37	1.2	10:48	1.3	5:20	0.0	5:22	0.0	5:48	7:52	
5	Sun	11:16	1.1	11:23	1.3	6:03	0.0	6:01	0.0	5:47	7:53	
6	Mon	11:56	1.1			6:45	0.0	6:41	0.0	5:46	7:54	
7	Tue	12:00	1.3	12:40	1.1	7:27	0.0	7:21	0.1	5:44	7:55	
8	Wed	12:43	1.3	1:31	1.1	8:11	0.0	8:04	0.1	5:43	7:56	
9	Thu	1:34	1.3	2:28	1.1	8:58	0.0	8:52	0.1	5:42	7:57	
10	Fri	2:33	1.3	3:29	1.1	9:54	0.1	9:53	0.2	5:41	7:58	
11	Sat	3:36	1.3	4:28	1.1	10:59	0.1	11:07	0.2	5:40	7:59	
12	Sun	4:39	1.2	5:28	1.1			12:05	0.1	5:39	8:00	
13	Mon	5:41	1.2	6:29	1.2	12:22	0.2	1:07	0.0	5:38	8:01	
14	Tue	6:46	1.2	7:31	1.3	1:29	0.1	2:02	0.0	5:37	8:02	
15	Wed	7:50	1.2	8:28	1.4	2:29	0.0	2:54	-0.1	5:36	8:03	
16	Thu	8:48	1.2	9:19	1.4	3:24	0.0	3:43	-0.1	5:35	8:04	
17	Fri	9:40	1.3	10:06	1.5	4:17	-0.1	4:31	-0.1	5:34	8:05	
18	Sat	10:28	1.2	10:51	1.5	5:08	-0.1	5:18	-0.1	5:33	8:06	
19	Sun	11:15	1.2	11:35	1.4	5:57	-0.1	6:04	0.0	5:33	8:07	
20	Mon			12:02	1.2	6:44	-0.1	6:48	0.0	5:32	8:07	
21	Tue	12:19	1.4	12:50	1.1	7:27	0.0	7:30	0.1	5:31	8:08	
22	Wed	1:05	1.3	1:40	1.1	8:09	0.0	8:11	0.2	5:30	8:09	
23	Thu	1:52	1.2	2:32	1.0	8:52	0.1	8:53	0.3	5:29	8:10	
24	Fri	2:42	1.2	3:24	1.0	9:37	0.1	9:42	0.3	5:29	8:11	
25	Sat	3:32	1.1	4:13	1.0	10:28	0.2	10:41	0.4	5:28	8:12	
26	Sun	4:21	1.1	5:01	1.0	11:23	0.2	11:47	0.4	5:27	8:13	
27	Mon	5:09	1.0	5:49	1.0			12:17	0.2	5:27	8:14	
28	Tue	6:00	1.0	6:39	1.1	12:48	0.4	1:08	0.2	5:26	8:14	
29	Wed	6:54	1.0	7:30	1.1	1:43	0.3	1:54	0.2	5:26	8:15	
30	Thu	7:48	1.0	8:17	1.2	2:33	0.2	2:38	0.1	5:25	8:16	
31	Fri	8:39	1.1	8:59	1.3	3:20	0.2	3:20	0.1	5:25	8:17	