

































Gilgo Heading, NY - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:18	0.9	2:27	1.0	8:40	0.2	9:14	0.1	7:17	4:36	
2	Thu	3:05	0.9	3:13	0.9	9:38	0.2	10:04	0.1	7:17	4:37	
3	Fri	3:50	0.9	4:00	0.9	10:43	0.3	10:58	0.1	7:17	4:38	
4	Sat	4:35	0.9	4:50	0.9	11:46	0.2	11:50	0.1	7:17	4:39	
5	Sun	5:24	1.0	5:46	0.9			12:42	0.2	7:17	4:40	
6	Mon	6:16	1.0	6:44	0.9	12:40	0.1	1:34	0.1	7:17	4:41	
7	Tue	7:08	1.1	7:38	0.9	1:27	0.0	2:22	0.0	7:17	4:42	
8	Wed	7:55	1.2	8:27	1.0	2:14	0.0	3:10	0.0	7:17	4:43	
9	Thu	8:40	1.2	9:12	1.0	3:01	0.0	3:58	-0.1	7:16	4:44	
10	Fri	9:23	1.3	9:57	1.0	3:50	-0.1	4:46	-0.2	7:16	4:45	
11	Sat	10:08	1.3	10:44	1.1	4:39	-0.1	5:33	-0.2	7:16	4:46	
12	Sun	10:55	1.3	11:34	1.1	5:29	-0.2	6:18	-0.2	7:16	4:47	
13	Mon	11:45	1.3			6:17	-0.2	7:03	-0.2	7:15	4:48	
14	Tue	12:27	1.1	12:39	1.3	7:06	-0.1	7:49	-0.2	7:15	4:49	
15	Wed	1:23	1.1	1:36	1.2	7:59	-0.1	8:39	-0.2	7:15	4:50	
16	Thu	2:21	1.1	2:33	1.1	9:00	0.0	9:36	-0.1	7:14	4:51	
17	Fri	3:17	1.1	3:31	1.1	10:08	0.0	10:37	-0.1	7:14	4:52	
18	Sat	4:13	1.1	4:29	1.0	11:18	0.0	11:38	-0.1	7:13	4:53	
19	Sun	5:11	1.1	5:31	1.0			12:24	0.0	7:13	4:55	
20	Mon	6:12	1.2	6:36	0.9	12:37	-0.1	1:24	0.0	7:12	4:56	
21	Tue	7:12	1.2	7:37	0.9	1:32	-0.1	2:18	-0.1	7:12	4:57	
22	Wed	8:05	1.2	8:30	1.0	2:23	-0.1	3:09	-0.1	7:11	4:58	
23	Thu	8:53	1.2	9:18	1.0	3:13	-0.1	3:57	-0.1	7:10	4:59	
24	Fri	9:37	1.2	10:02	1.0	4:00	-0.1	4:43	-0.1	7:10	5:00	
25	Sat	10:18	1.2	10:44	1.0	4:46	-0.1	5:25	-0.1	7:09	5:02	
26	Sun	10:59	1.2	11:26	1.0	5:29	0.0	6:03	-0.1	7:08	5:03	
27	Mon	11:39	1.1			6:09	0.0	6:39	-0.1	7:07	5:04	
28	Tue	12:07	1.0	12:20	1.1	6:46	0.0	7:13	-0.1	7:07	5:05	
29	Wed	12:49	1.0	1:01	1.0	7:24	0.1	7:47	0.0	7:06	5:07	
30	Thu	1:32	0.9	1:43	1.0	8:02	0.1	8:22	0.0	7:05	5:08	
31	Fri	2:14	0.9	2:27	0.9	8:47	0.2	9:02	0.1	7:04	5:09	