































Gilgo Heading, NY - Mar 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:59	1.0	2:31	0.9	8:55	0.2	8:51	0.1	6:26	5:45	
2	Mon	2:44	1.0	3:22	0.8	9:59	0.2	9:49	0.2	6:24	5:46	
3	Tue	3:35	1.0	4:18	0.8	11:15	0.2	11:04	0.2	6:23	5:47	
4	Wed	4:34	1.0	5:24	0.8			12:24	0.1	6:21	5:48	
5	Thu	5:43	1.1	6:33	0.9	12:17	0.1	1:22	0.1	6:19	5:49	
6	Fri	6:53	1.1	7:35	1.0	1:20	0.0	2:16	0.0	6:18	5:50	
7	Sat	7:53	1.2	8:28	1.1	2:17	-0.1	3:06	-0.1	6:16	5:52	
8	Sun	9:46	1.3	10:17	1.2	4:12	-0.2	4:56	-0.2	7:15	6:53	
9	Mon	10:35	1.4	11:05	1.3	5:06	-0.2	5:44	-0.3	7:13	6:54	
10	Tue	11:24	1.4	11:54	1.4	6:00	-0.3	6:31	-0.3	7:11	6:55	
11	Wed			12:13	1.3	6:51	-0.3	7:17	-0.3	7:10	6:56	
12	Thu	12:45	1.4	1:05	1.3	7:40	-0.3	8:02	-0.3	7:08	6:57	
13	Fri	1:37	1.3	2:00	1.2	8:31	-0.2	8:48	-0.2	7:07	6:58	
14	Sat	2:32	1.3	2:57	1.1	9:24	-0.1	9:39	-0.1	7:05	6:59	
15	Sun	3:28	1.2	3:55	1.0	10:25	0.0	10:39	0.0	7:03	7:00	
16	Mon	4:24	1.2	4:53	1.0	11:33	0.1	11:47	0.1	7:02	7:01	
17	Tue	5:22	1.1	5:54	0.9			12:41	0.1	7:00	7:02	
18	Wed	6:22	1.1	6:58	0.9	12:54	0.2	1:42	0.1	6:58	7:03	
19	Thu	7:25	1.1	8:00	0.9	1:55	0.1	2:35	0.1	6:57	7:05	
20	Fri	8:23	1.1	8:52	1.0	2:48	0.1	3:22	0.0	6:55	7:06	
21	Sat	9:11	1.1	9:36	1.1	3:36	0.1	4:05	0.0	6:53	7:07	
22	Sun	9:53	1.1	10:15	1.1	4:20	0.0	4:45	0.0	6:52	7:08	
23	Mon	10:32	1.2	10:51	1.1	5:03	0.0	5:23	0.0	6:50	7:09	
24	Tue	11:09	1.2	11:26	1.2	5:44	0.0	5:59	0.0	6:48	7:10	
25	Wed	11:44	1.1	11:59	1.2	6:23	0.0	6:34	0.0	6:47	7:11	
26	Thu			12:19	1.1	7:00	0.0	7:06	0.0	6:45	7:12	
27	Fri	12:30	1.1	12:54	1.0	7:35	0.0	7:36	0.0	6:44	7:13	
28	Sat	1:00	1.1	1:31	1.0	8:09	0.1	8:05	0.1	6:42	7:14	
29	Sun	1:32	1.1	2:12	0.9	8:44	0.1	8:36	0.1	6:40	7:15	
30	Mon	2:12	1.1	3:01	0.9	9:25	0.2	9:14	0.2	6:39	7:16	
31	Tue	3:02	1.1	3:55	0.9	10:23	0.2	10:09	0.2	6:37	7:17	