


































Gilgo Heading, NY - Jul 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 8:54 | 1.0 | 9:18 | 1.4 | 3:43 | 0.1 | 3:35 | 0.1 | 5:26 | 8:28 |  |
| 2 | Sun | 9:48 | 1.1 | 10:09 | 1.5 | 4:36 | 0.0 | 4:29 | 0.1 | 5:26 | 8:28 |  |
| 3 | Mon | 10:40 | 1.1 | 10:59 | 1.5 | 5:29 | -0.1 | 5:25 | 0.0 | 5:27 | 8:28 |  |
| 4 | Tue | 11:33 | 1.2 | 11:52 | 1.5 | 6:21 | -0.1 | 6:20 | 0.0 | 5:28 | 8:27 |  |
| 5 | Wed | | | 12:28 | 1.2 | 7:10 | -0.1 | 7:14 | 0.0 | 5:28 | 8:27 |  |
| 6 | Thu | 12:46 | 1.5 | 1:26 | 1.2 | 7:59 | -0.1 | 8:07 | 0.0 | 5:29 | 8:27 |  |
| 7 | Fri | 1:43 | 1.4 | 2:24 | 1.2 | 8:47 | -0.1 | 9:02 | 0.1 | 5:29 | 8:27 |  |
| 8 | Sat | 2:40 | 1.4 | 3:22 | 1.3 | 9:37 | -0.1 | 10:03 | 0.1 | 5:30 | 8:26 |  |
| 9 | Sun | 3:37 | 1.3 | 4:16 | 1.3 | 10:31 | 0.0 | 11:09 | 0.2 | 5:31 | 8:26 |  |
| 10 | Mon | 4:31 | 1.2 | 5:09 | 1.3 | 11:28 | 0.0 | | | 5:31 | 8:26 |  |
| 11 | Tue | 5:25 | 1.1 | 6:01 | 1.3 | 12:16 | 0.2 | 12:24 | 0.1 | 5:32 | 8:25 |  |
| 12 | Wed | 6:21 | 1.1 | 6:57 | 1.3 | 1:19 | 0.2 | 1:18 | 0.1 | 5:33 | 8:25 |  |
| 13 | Thu | 7:22 | 1.0 | 7:52 | 1.3 | 2:16 | 0.2 | 2:09 | 0.1 | 5:34 | 8:24 |  |
| 14 | Fri | 8:20 | 1.0 | 8:44 | 1.3 | 3:08 | 0.1 | 2:57 | 0.2 | 5:34 | 8:24 |  |
| 15 | Sat | 9:13 | 1.0 | 9:30 | 1.3 | 3:56 | 0.1 | 3:44 | 0.2 | 5:35 | 8:23 |  |
| 16 | Sun | 10:00 | 1.1 | 10:12 | 1.3 | 4:43 | 0.1 | 4:30 | 0.2 | 5:36 | 8:23 |  |
| 17 | Mon | 10:44 | 1.1 | 10:52 | 1.3 | 5:28 | 0.1 | 5:15 | 0.2 | 5:37 | 8:22 |  |
| 18 | Tue | 11:26 | 1.1 | 11:31 | 1.3 | 6:10 | 0.1 | 5:59 | 0.2 | 5:37 | 8:21 |  |
| 19 | Wed | | | 12:08 | 1.1 | 6:49 | 0.1 | 6:41 | 0.2 | 5:38 | 8:21 |  |
| 20 | Thu | 12:09 | 1.2 | 12:50 | 1.1 | 7:25 | 0.1 | 7:20 | 0.2 | 5:39 | 8:20 |  |
| 21 | Fri | 12:46 | 1.2 | 1:32 | 1.1 | 7:58 | 0.1 | 7:57 | 0.2 | 5:40 | 8:19 |  |
| 22 | Sat | 1:23 | 1.2 | 2:14 | 1.1 | 8:31 | 0.1 | 8:35 | 0.3 | 5:41 | 8:18 |  |
| 23 | Sun | 2:01 | 1.1 | 2:55 | 1.1 | 9:02 | 0.2 | 9:15 | 0.3 | 5:42 | 8:17 |  |
| 24 | Mon | 2:42 | 1.1 | 3:35 | 1.1 | 9:36 | 0.2 | 10:05 | 0.3 | 5:43 | 8:17 |  |
| 25 | Tue | 3:27 | 1.0 | 4:16 | 1.1 | 10:15 | 0.2 | 11:09 | 0.3 | 5:44 | 8:16 |  |
| 26 | Wed | 4:16 | 1.0 | 5:01 | 1.2 | 11:07 | 0.2 | | | 5:44 | 8:15 |  |
| 27 | Thu | 5:10 | 1.0 | 5:53 | 1.2 | 12:18 | 0.3 | 12:10 | 0.2 | 5:45 | 8:14 |  |
| 28 | Fri | 6:13 | 1.0 | 6:54 | 1.3 | 1:24 | 0.3 | 1:14 | 0.2 | 5:46 | 8:13 |  |
| 29 | Sat | 7:24 | 1.0 | 7:59 | 1.3 | 2:24 | 0.2 | 2:16 | 0.2 | 5:47 | 8:12 |  |
| 30 | Sun | 8:32 | 1.0 | 8:59 | 1.4 | 3:20 | 0.1 | 3:15 | 0.1 | 5:48 | 8:11 |  |
| 31 | Mon | 9:30 | 1.1 | 9:53 | 1.5 | 4:15 | 0.0 | 4:13 | 0.0 | 5:49 | 8:10 |  |