US HARBORS www.USHarbors.com

Gilgo Heading, NY - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:52	1.3	11:16	1.3	5:31	-0.2	5:54	-0.3	6:26	5:45	
2	Sun	11:40	1.3			6:19	-0.2	6:36	-0.3	6:24	5:46	
3	Mon	12:05	1.3	12:32	1.2	7:08	-0.2	7:19	-0.2	6:23	5:47	
4	Tue	12:58	1.3	1:28	1.1	7:59	-0.1	8:05	-0.1	6:21	5:48	
5	Wed	1:54	1.2	2:27	1.0	8:58	0.0	9:01	0.0	6:20	5:49	
6	Thu	2:53	1.2	3:28	0.9	10:08	0.1	10:08	0.1	6:18	5:50	
7	Fri	3:54	1.1	4:31	0.9	11:22	0.1	11:22	0.1	6:17	5:51	
8	Sat	4:58	1.1	5:38	0.9			12:31	0.1	6:15	5:52	
9	Sun	7:07	1.1	7:46	0.9	12:31	0.1	2:29	0.0	7:13	6:54	
10	Mon	8:12	1.1	8:44	1.0	2:31	0.1	3:20	0.0	7:12	6:55	
11	Tue	9:05	1.1	9:32	1.1	3:24	0.0	4:06	0.0	7:10	6:56	
12	Wed	9:49	1.1	10:14	1.1	4:12	0.0	4:47	-0.1	7:09	6:57	
13	Thu	10:28	1.2	10:52	1.2	4:56	0.0	5:26	-0.1	7:07	6:58	
14	Fri	11:05	1.1	11:28	1.2	5:39	0.0	6:02	-0.1	7:05	6:59	
15	Sat	11:41	1.1			6:19	-0.1	6:36	-0.1	7:04	7:00	
16	Sun	12:03	1.2	12:16	1.1	6:56	0.0	7:07	0.0	7:02	7:01	
17	Mon	12:37	1.2	12:51	1.0	7:32	0.0	7:37	0.0	7:00	7:02	
18	Tue	1:11	1.1	1:27	1.0	8:06	0.0	8:04	0.1	6:59	7:03	
19	Wed	1:45	1.1	2:06	0.9	8:41	0.1	8:32	0.1	6:57	7:04	
20	Thu	2:24	1.0	2:51	0.8	9:21	0.2	9:04	0.2	6:55	7:05	
21	Fri	3:09	1.0	3:43	0.8	10:13	0.2	9:50	0.3	6:54	7:06	
22	Sat	4:01	1.0	4:39	0.8	11:25	0.2	11:08	0.3	6:52	7:07	
23	Sun	4:59	1.0	5:40	0.8			12:38	0.2	6:50	7:09	
24	Mon	6:04	1.0	6:48	0.9	12:37	0.3	1:40	0.1	6:49	7:10	
25	Tue	7:13	1.1	7:52	1.0	1:46	0.2	2:33	0.1	6:47	7:11	
26	Wed	8:15	1.2	8:46	1.1	2:44	0.1	3:21	0.0	6:46	7:12	
27	Thu	9:09	1.2	9:35	1.2	3:38	0.0	4:08	-0.1	6:44	7:13	
28	Fri	9:57	1.3	10:21	1.3	4:31	-0.1	4:54	-0.2	6:42	7:14	
29	Sat	10:44	1.3	11:06	1.4	5:23	-0.2	5:40	-0.2	6:41	7:15	
30	Sun	11:32	1.3	11:53	1.4	6:15	-0.2	6:26	-0.2	6:39	7:16	
31	Mon			12:22	1.3	7:05	-0.2	7:12	-0.2	6:37	7:17	