US HARBORS www.USHarbors.com

Gilgo Heading, NY - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:14	1.2	3:57	1.1	10:09	0.1	10:29	0.3	5:26	8:28	
2	Wed	4:01	1.1	4:42	1.1	10:57	0.2	11:29	0.3	5:27	8:28	
3	Thu	4:47	1.0	5:27	1.1	11:45	0.2			5:27	8:28	
4	Fri	5:34	1.0	6:13	1.2	12:29	0.3	12:34	0.2	5:28	8:27	
5	Sat	6:26	0.9	7:03	1.2	1:24	0.3	1:22	0.2	5:28	8:27	
6	Sun	7:23	0.9	7:54	1.2	2:15	0.3	2:09	0.2	5:29	8:27	
7	Mon	8:20	0.9	8:42	1.2	3:03	0.2	2:55	0.2	5:30	8:27	
8	Tue	9:10	1.0	9:26	1.3	3:50	0.2	3:40	0.2	5:30	8:26	
9	Wed	9:55	1.0	10:07	1.3	4:36	0.1	4:26	0.2	5:31	8:26	
10	Thu	10:37	1.0	10:46	1.3	5:22	0.1	5:13	0.2	5:32	8:25	
11	Fri	11:18	1.1	11:26	1.3	6:05	0.0	5:58	0.2	5:32	8:25	
12	Sat	11:59	1.1			6:46	0.0	6:42	0.1	5:33	8:24	
13	Sun	12:06	1.3	12:41	1.1	7:25	0.0	7:25	0.1	5:34	8:24	
14	Mon	12:50	1.3	1:28	1.1	8:03	0.0	8:09	0.1	5:35	8:23	
15	Tue	1:37	1.3	2:18	1.2	8:42	0.0	8:58	0.2	5:35	8:23	
16	Wed	2:29	1.2	3:10	1.2	9:25	0.0	9:55	0.2	5:36	8:22	
17	Thu	3:24	1.2	4:03	1.3	10:14	0.0	11:04	0.2	5:37	8:22	
18	Fri	4:20	1.1	4:57	1.3	11:11	0.1			5:38	8:21	
19	Sat	5:18	1.1	5:54	1.3	12:16	0.2	12:15	0.1	5:39	8:20	
20	Sun	6:23	1.1	6:58	1.3	1:24	0.2	1:18	0.1	5:40	8:19	
21	Mon	7:32	1.1	8:03	1.4	2:26	0.1	2:19	0.1	5:40	8:19	
22	Tue	8:38	1.1	9:03	1.4	3:24	0.1	3:17	0.1	5:41	8:18	
23	Wed	9:36	1.1	9:56	1.4	4:19	0.0	4:14	0.0	5:42	8:17	
24	Thu	10:29	1.2	10:46	1.4	5:12	0.0	5:08	0.0	5:43	8:16	
25	Fri	11:19	1.2	11:32	1.4	6:01	0.0	6:00	0.0	5:44	8:15	
26	Sat			12:08	1.2	6:47	-0.1	6:48	0.1	5:45	8:14	
27	Sun	12:18	1.3	12:55	1.2	7:28	0.0	7:33	0.1	5:46	8:13	
28	Mon	1:03	1.3	1:42	1.2	8:06	0.0	8:15	0.2	5:47	8:12	
29	Tue	1:48	1.2	2:29	1.2	8:43	0.1	8:59	0.2	5:48	8:11	
30	Wed	2:34	1.1	3:14	1.2	9:20	0.1	9:46	0.3	5:49	8:10	
31	Thu	3:20	1.1	3:58	1.1	9:59	0.2	10:40	0.3	5:50	8:09	