





Gilgo Heading, NY - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:05	1.0	4:42	1.1	10:44	0.3	11:41	0.4	5:51	8:08	
2	Sat	4:52	0.9	5:27	1.1	11:37	0.3			5:51	8:07	
3	Sun	5:43	0.9	6:17	1.1	12:43	0.3	12:35	0.3	5:52	8:06	
4	Mon	6:42	0.9	7:13	1.2	1:40	0.3	1:32	0.3	5:53	8:05	
5	Tue	7:45	0.9	8:09	1.2	2:32	0.3	2:24	0.3	5:54	8:04	
6	Wed	8:41	1.0	8:58	1.3	3:21	0.2	3:14	0.2	5:55	8:03	
7	Thu	9:29	1.0	9:42	1.3	4:07	0.1	4:02	0.2	5:56	8:01	
8	Fri	10:11	1.1	10:24	1.4	4:53	0.1	4:50	0.1	5:57	8:00	
9	Sat	10:52	1.1	11:04	1.4	5:36	0.0	5:38	0.1	5:58	7:59	
10	Sun	11:33	1.2	11:46	1.4	6:18	0.0	6:24	0.1	5:59	7:58	
11	Mon			12:15	1.3	6:58	-0.1	7:10	0.0	6:00	7:56	
12	Tue	12:30	1.4	1:01	1.3	7:37	-0.1	7:56	0.1	6:01	7:55	
13	Wed	1:18	1.3	1:51	1.3	8:16	0.0	8:45	0.1	6:02	7:54	
14	Thu	2:11	1.2	2:45	1.3	8:58	0.0	9:41	0.1	6:03	7:52	
15	Fri	3:08	1.2	3:41	1.3	9:48	0.1	10:49	0.2	6:04	7:51	
16	Sat	4:07	1.1	4:38	1.3	10:48	0.1			6:05	7:49	
17	Sun	5:07	1.1	5:39	1.3	12:02	0.2	11:57 AM	0.2	6:06	7:48	
18	Mon	6:13	1.0	6:45	1.3	1:12	0.2	1:07	0.2	6:07	7:47	
19	Tue	7:23	1.1	7:52	1.3	2:15	0.2	2:10	0.1	6:08	7:45	
20	Wed	8:28	1.1	8:52	1.3	3:11	0.1	3:08	0.1	6:09	7:44	
21	Thu	9:24	1.2	9:43	1.4	4:02	0.1	4:02	0.1	6:10	7:42	
22	Fri	10:13	1.2	10:28	1.4	4:51	0.0	4:53	0.1	6:11	7:41	
23	Sat	10:57	1.3	11:10	1.4	5:36	0.0	5:41	0.1	6:12	7:39	
24	Sun	11:40	1.3	11:50	1.3	6:17	0.0	6:25	0.1	6:13	7:38	
25	Mon			12:21	1.3	6:54	0.0	7:07	0.1	6:14	7:36	
26	Tue	12:30	1.2	1:02	1.2	7:29	0.1	7:46	0.1	6:15	7:35	
27	Wed	1:10	1.2	1:43	1.2	8:02	0.1	8:25	0.2	6:16	7:33	
28	Thu	1:52	1.1	2:25	1.2	8:33	0.2	9:05	0.3	6:17	7:32	
29	Fri	2:37	1.0	3:09	1.2	9:05	0.2	9:52	0.3	6:18	7:30	
30	Sat	3:25	1.0	3:54	1.1	9:43	0.3	10:51	0.4	6:19	7:28	
31	Sun	4:14	0.9	4:41	1.1	10:36	0.4			6:20	7:27	