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# Gilgo Heading, NY - Oct 2025

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 5:31 | 0.9 | 5:50 | 1.1 | 12:24 | 0.3 | 12:20 | 0.4 | 6:50 | 6:35 | |
| 2 | Thu | 6:32 | 1.0 | 6:51 | 1.2 | 1:22 | 0.3 | 1:26 | 0.3 | 6:51 | 6:33 | |
| 3 | Fri | 7:31 | 1.1 | 7:50 | 1.2 | 2:13 | 0.2 | 2:22 | 0.2 | 6:52 | 6:32 | |
| 4 | Sat | 8:24 | 1.2 | 8:43 | 1.3 | 2:58 | 0.1 | 3:14 | 0.1 | 6:53 | 6:30 | |
| 5 | Sun | 9:11 | 1.3 | 9:30 | 1.4 | 3:42 | 0.0 | 4:04 | 0.0 | 6:54 | 6:29 | |
| 6 | Mon | 9:55 | 1.4 | 10:16 | 1.4 | 4:26 | -0.1 | 4:55 | 0.0 | 6:55 | 6:27 | |
| 7 | Tue | 10:38 | 1.5 | 11:02 | 1.4 | 5:11 | -0.1 | 5:46 | -0.1 | 6:56 | 6:25 | |
| 8 | Wed | 11:24 | 1.5 | 11:50 | 1.3 | 5:57 | -0.1 | 6:37 | -0.1 | 6:57 | 6:24 | |
| 9 | Thu | | | 12:12 | 1.5 | 6:42 | -0.1 | 7:27 | -0.1 | 6:58 | 6:22 | |
| 10 | Fri | 12:43 | 1.3 | 1:05 | 1.5 | 7:29 | 0.0 | 8:19 | 0.0 | 6:59 | 6:21 | |
| 11 | Sat | 1:41 | 1.2 | 2:03 | 1.4 | 8:18 | 0.0 | 9:15 | 0.1 | 7:00 | 6:19 | |
| 12 | Sun | 2:44 | 1.1 | 3:07 | 1.3 | 9:13 | 0.1 | 10:20 | 0.2 | 7:01 | 6:17 | |
| 13 | Mon | 3:49 | 1.1 | 4:10 | 1.3 | 10:19 | 0.2 | 11:32 | 0.2 | 7:03 | 6:16 | |
| 14 | Tue | 4:52 | 1.1 | 5:12 | 1.2 | 11:34 | 0.3 | | | 7:04 | 6:14 | |
| 15 | Wed | 5:54 | 1.1 | 6:14 | 1.2 | 12:40 | 0.2 | 12:46 | 0.3 | 7:05 | 6:13 | |
| 16 | Thu | 6:55 | 1.1 | 7:15 | 1.2 | 1:38 | 0.2 | 1:48 | 0.2 | 7:06 | 6:11 | |
| 17 | Fri | 7:53 | 1.2 | 8:10 | 1.2 | 2:28 | 0.1 | 2:41 | 0.2 | 7:07 | 6:10 | |
| 18 | Sat | 8:42 | 1.2 | 8:57 | 1.2 | 3:11 | 0.1 | 3:28 | 0.1 | 7:08 | 6:08 | |
| 19 | Sun | 9:24 | 1.3 | 9:39 | 1.2 | 3:50 | 0.1 | 4:11 | 0.1 | 7:09 | 6:07 | |
| 20 | Mon | 10:02 | 1.3 | 10:17 | 1.2 | 4:28 | 0.1 | 4:54 | 0.1 | 7:10 | 6:05 | |
| 21 | Tue | 10:38 | 1.3 | 10:53 | 1.2 | 5:05 | 0.1 | 5:35 | 0.1 | 7:11 | 6:04 | |
| 22 | Wed | 11:12 | 1.3 | 11:30 | 1.1 | 5:41 | 0.1 | 6:15 | 0.1 | 7:12 | 6:03 | |
| 23 | Thu | 11:46 | 1.3 | | | 6:16 | 0.1 | 6:54 | 0.1 | 7:13 | 6:01 | |
| 24 | Fri | 12:06 | 1.1 | 12:20 | 1.3 | 6:49 | 0.2 | 7:31 | 0.1 | 7:15 | 6:00 | |
| 25 | Sat | 12:44 | 1.0 | 12:54 | 1.2 | 7:22 | 0.2 | 8:08 | 0.2 | 7:16 | 5:58 | |
| 26 | Sun | 1:25 | 1.0 | 1:33 | 1.2 | 7:53 | 0.3 | 8:47 | 0.2 | 7:17 | 5:57 | |
| 27 | Mon | 2:14 | 0.9 | 2:21 | 1.1 | 8:27 | 0.3 | 9:34 | 0.3 | 7:18 | 5:56 | |
| 28 | Tue | 3:09 | 0.9 | 3:16 | 1.1 | 9:10 | 0.4 | 10:33 | 0.3 | 7:19 | 5:55 | |
| 29 | Wed | 4:05 | 0.9 | 4:14 | 1.1 | 10:15 | 0.4 | 11:39 | 0.3 | 7:20 | 5:53 | |
| 30 | Thu | 4:59 | 1.0 | 5:11 | 1.1 | 11:42 | 0.4 | | | 7:21 | 5:52 | |
| 31 | Fri | 5:54 | 1.0 | 6:10 | 1.2 | 12:39 | 0.2 | 12:55 | 0.3 | 7:23 | 5:51 | |