

































## Gilgo Heading, NY - Mar 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:26	1.1	12:53	0.9	7:32	0.1	7:29	0.0	6:26	5:45	
2	Thu	1:05	1.1	1:40	0.9	8:12	0.1	8:05	0.1	6:24	5:46	
3	Fri	1:54	1.1	2:36	0.9	9:07	0.1	8:56	0.1	6:22	5:47	
4	Sat	2:52	1.1	3:37	0.8	10:25	0.2	10:11	0.1	6:21	5:48	
5	Sun	3:56	1.1	4:43	0.9	11:43	0.1	11:36	0.1	6:19	5:49	
6	Mon	5:06	1.1	5:55	0.9			12:48	0.1	6:18	5:51	
7	Tue	6:19	1.2	7:03	1.0	12:49	0.0	1:45	0.0	6:16	5:52	
8	Wed	7:25	1.2	8:02	1.2	1:51	-0.1	2:37	-0.1	6:15	5:53	
9	Thu	8:22	1.3	8:53	1.3	2:48	-0.2	3:28	-0.2	6:13	5:54	
10	Fri	9:13	1.3	9:42	1.4	3:44	-0.2	4:17	-0.3	6:11	5:55	
11	Sat	10:02	1.3	10:31	1.4	4:38	-0.3	5:04	-0.3	6:10	5:56	
12	Sun	11:50	1.3			6:29	-0.3	6:50	-0.3	7:08	6:57	
13	Mon	12:19	1.4	12:40	1.2	7:18	-0.3	7:34	-0.2	7:07	6:58	
14	Tue	1:08	1.3	1:32	1.2	8:06	-0.2	8:18	-0.1	7:05	6:59	
15	Wed	2:00	1.3	2:26	1.1	8:55	-0.1	9:04	0.0	7:03	7:00	
16	Thu	2:54	1.2	3:23	1.0	9:48	0.0	9:56	0.1	7:02	7:01	
17	Fri	3:49	1.1	4:19	0.9	10:50	0.1	10:59	0.2	7:00	7:02	
18	Sat	4:43	1.0	5:15	0.9	11:57	0.2			6:58	7:04	
19	Sun	5:40	1.0	6:14	0.9	12:09	0.2	1:01	0.2	6:57	7:05	
20	Mon	6:39	1.0	7:15	0.9	1:13	0.2	1:55	0.1	6:55	7:06	
21	Tue	7:39	1.0	8:11	1.0	2:09	0.2	2:42	0.1	6:53	7:07	
22	Wed	8:31	1.0	8:58	1.0	2:58	0.1	3:24	0.1	6:52	7:08	
23	Thu	9:16	1.1	9:38	1.1	3:42	0.1	4:03	0.0	6:50	7:09	
24	Fri	9:55	1.1	10:14	1.1	4:25	0.0	4:41	0.0	6:48	7:10	
25	Sat	10:32	1.1	10:48	1.2	5:07	0.0	5:19	0.0	6:47	7:11	
26	Sun	11:07	1.1	11:19	1.2	5:48	0.0	5:54	0.0	6:45	7:12	
27	Mon	11:41	1.1	11:49	1.2	6:27	0.0	6:29	0.0	6:43	7:13	
28	Tue			12:16	1.0	7:04	0.0	7:01	0.0	6:42	7:14	
29	Wed	12:19	1.2	12:52	1.0	7:40	0.0	7:33	0.0	6:40	7:15	
30	Thu	12:54	1.2	1:34	1.0	8:17	0.0	8:07	0.1	6:38	7:16	
31	Fri	1:36	1.2	2:25	0.9	8:59	0.1	8:47	0.1	6:37	7:17	