
































Gilgo Heading, NY - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:14	1.3	7:42	1.0	1:34	-0.1	2:25	-0.1	7:17	4:37	
2	Wed	8:12	1.4	8:39	1.1	2:31	-0.1	3:20	-0.2	7:17	4:38	
3	Thu	9:05	1.4	9:32	1.1	3:26	-0.2	4:13	-0.2	7:17	4:39	
4	Fri	9:54	1.4	10:23	1.2	4:20	-0.2	5:03	-0.3	7:17	4:39	
5	Sat	10:43	1.4	11:13	1.1	5:12	-0.2	5:50	-0.3	7:17	4:40	
6	Sun	11:31	1.3			6:01	-0.1	6:34	-0.2	7:17	4:41	
7	Mon	12:02	1.1	12:19	1.2	6:47	-0.1	7:16	-0.2	7:17	4:42	
8	Tue	12:52	1.1	1:07	1.1	7:32	0.0	7:57	-0.1	7:17	4:43	
9	Wed	1:42	1.1	1:56	1.0	8:18	0.1	8:39	0.0	7:16	4:44	
10	Thu	2:30	1.0	2:44	1.0	9:10	0.1	9:25	0.0	7:16	4:45	
11	Fri	3:16	1.0	3:32	0.9	10:09	0.2	10:16	0.1	7:16	4:46	
12	Sat	4:02	1.0	4:21	0.9	11:12	0.2	11:10	0.1	7:16	4:47	
13	Sun	4:50	1.0	5:15	0.8			12:11	0.2	7:15	4:48	
14	Mon	5:44	1.0	6:14	0.8	12:05	0.1	1:05	0.1	7:15	4:50	
15	Tue	6:39	1.0	7:12	0.8	12:57	0.1	1:54	0.1	7:14	4:51	
16	Wed	7:31	1.1	8:02	0.9	1:46	0.1	2:41	0.0	7:14	4:52	
17	Thu	8:16	1.1	8:47	0.9	2:32	0.0	3:25	0.0	7:14	4:53	
18	Fri	8:57	1.2	9:27	1.0	3:18	0.0	4:09	-0.1	7:13	4:54	
19	Sat	9:35	1.2	10:06	1.0	4:03	0.0	4:51	-0.1	7:12	4:55	
20	Sun	10:12	1.2	10:45	1.0	4:48	-0.1	5:31	-0.2	7:12	4:56	
21	Mon	10:50	1.2	11:26	1.1	5:31	-0.1	6:09	-0.2	7:11	4:58	
22	Tue	11:31	1.2			6:14	-0.1	6:46	-0.2	7:11	4:59	
23	Wed	12:09	1.1	12:16	1.1	6:57	-0.1	7:24	-0.2	7:10	5:00	
24	Thu	12:58	1.1	1:07	1.1	7:43	-0.1	8:05	-0.1	7:09	5:01	
25	Fri	1:51	1.1	2:04	1.0	8:38	0.0	8:56	-0.1	7:08	5:02	
26	Sat	2:47	1.1	3:03	1.0	9:44	0.0	9:59	0.0	7:08	5:04	
27	Sun	3:45	1.1	4:05	0.9	10:58	0.0	11:10	0.0	7:07	5:05	
28	Mon	4:47	1.2	5:12	0.9			12:09	0.0	7:06	5:06	
29	Tue	5:53	1.2	6:23	0.9	12:18	0.0	1:13	0.0	7:05	5:07	
30	Wed	7:00	1.2	7:30	1.0	1:21	-0.1	2:10	-0.1	7:04	5:08	
31	Thu	7:59	1.2	8:27	1.1	2:19	-0.1	3:04	-0.2	7:03	5:10	