

































Gilgo Heading, NY - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:43	1.2	8:12	1.1	2:07	-0.1	2:43	-0.1	6:26	5:44	
2	Sat	8:34	1.2	8:59	1.1	3:00	-0.1	3:30	-0.2	6:25	5:45	
3	Sun	9:19	1.2	9:42	1.2	3:49	-0.1	4:14	-0.2	6:23	5:47	
4	Mon	10:01	1.2	10:22	1.2	4:35	-0.1	4:56	-0.2	6:22	5:48	
5	Tue	10:41	1.2	11:01	1.2	5:18	-0.1	5:34	-0.1	6:20	5:49	
6	Wed	11:21	1.1	11:39	1.2	5:59	-0.1	6:09	-0.1	6:19	5:50	
7	Thu			12:01	1.1	6:37	-0.1	6:43	-0.1	6:17	5:51	
8	Fri	12:17	1.1	12:43	1.0	7:14	0.0	7:15	0.0	6:15	5:52	
9	Sat	12:57	1.1	1:28	0.9	7:52	0.1	7:48	0.1	6:14	5:53	
10	Sun	1:39	1.0	3:15	0.9	9:34	0.1	9:26	0.2	7:12	6:54	
11	Mon	3:24	1.0	4:05	0.8	10:28	0.2	10:17	0.2	7:11	6:55	
12	Tue	4:12	1.0	4:56	0.8	11:35	0.2	11:26	0.2	7:09	6:57	
13	Wed	5:04	1.0	5:52	0.8			12:42	0.2	7:07	6:58	
14	Thu	6:02	1.0	6:53	0.9	12:38	0.2	1:40	0.2	7:06	6:59	
15	Fri	7:06	1.0	7:52	0.9	1:41	0.2	2:30	0.1	7:04	7:00	
16	Sat	8:06	1.1	8:43	1.0	2:36	0.1	3:17	0.0	7:02	7:01	
17	Sun	8:57	1.1	9:28	1.2	3:26	0.0	4:01	-0.1	7:01	7:02	
18	Mon	9:43	1.2	10:11	1.3	4:16	-0.1	4:45	-0.1	6:59	7:03	
19	Tue	10:27	1.3	10:54	1.3	5:06	-0.2	5:30	-0.2	6:57	7:04	
20	Wed	11:12	1.3	11:38	1.4	5:55	-0.2	6:14	-0.2	6:56	7:05	
21	Thu	11:59	1.2			6:44	-0.2	6:58	-0.2	6:54	7:06	
22	Fri	12:25	1.4	12:49	1.2	7:32	-0.2	7:43	-0.2	6:52	7:07	
23	Sat	1:17	1.4	1:44	1.1	8:21	-0.2	8:30	-0.1	6:51	7:08	
24	Sun	2:13	1.3	2:45	1.1	9:15	-0.1	9:24	0.0	6:49	7:09	
25	Mon	3:14	1.3	3:47	1.0	10:17	0.0	10:29	0.1	6:48	7:10	
26	Tue	4:15	1.2	4:49	1.0	11:26	0.0	11:43	0.1	6:46	7:11	
27	Wed	5:16	1.2	5:51	1.0			12:34	0.0	6:44	7:12	
28	Thu	6:19	1.1	6:56	1.0	12:54	0.1	1:36	0.0	6:43	7:14	
29	Fri	7:23	1.1	7:57	1.1	1:57	0.1	2:29	0.0	6:41	7:15	
30	Sat	8:21	1.1	8:50	1.2	2:52	0.0	3:17	0.0	6:39	7:16	
31	Sun	9:11	1.2	9:35	1.2	3:42	0.0	4:01	-0.1	6:38	7:17	