

Gilgo Heading, NY - Jul 2031

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 7:16 | 1.1 | 7:55 | 1.4 | 2:15 | 0.1 | 2:15 | 0.1 | 5:26 | 8:28 | ☾ |
| 2 | Wed | 8:23 | 1.1 | 8:53 | 1.5 | 3:11 | 0.0 | 3:12 | 0.0 | 5:27 | 8:28 | ☾ |
| 3 | Thu | 9:22 | 1.2 | 9:48 | 1.5 | 4:07 | -0.1 | 4:09 | 0.0 | 5:27 | 8:28 | ☾ |
| 4 | Fri | 10:18 | 1.2 | 10:41 | 1.6 | 5:02 | -0.1 | 5:07 | -0.1 | 5:28 | 8:27 | ☾ |
| 5 | Sat | 11:12 | 1.3 | 11:33 | 1.6 | 5:55 | -0.2 | 6:04 | -0.1 | 5:28 | 8:27 | ☾ |
| 6 | Sun | | | 12:07 | 1.3 | 6:46 | -0.2 | 6:58 | -0.1 | 5:29 | 8:27 | ☾ |
| 7 | Mon | 12:27 | 1.5 | 1:03 | 1.3 | 7:35 | -0.2 | 7:50 | -0.1 | 5:29 | 8:27 | ☾ |
| 8 | Tue | 1:21 | 1.4 | 2:00 | 1.3 | 8:22 | -0.2 | 8:43 | 0.0 | 5:30 | 8:26 | ☾ |
| 9 | Wed | 2:17 | 1.4 | 2:56 | 1.3 | 9:11 | -0.1 | 9:39 | 0.1 | 5:31 | 8:26 | ☾ |
| 10 | Thu | 3:12 | 1.3 | 3:50 | 1.3 | 10:02 | 0.0 | 10:40 | 0.2 | 5:31 | 8:26 | ☾ |
| 11 | Fri | 4:06 | 1.2 | 4:41 | 1.3 | 10:56 | 0.1 | 11:44 | 0.2 | 5:32 | 8:25 | ☾ |
| 12 | Sat | 4:58 | 1.1 | 5:32 | 1.2 | 11:52 | 0.1 | | | 5:33 | 8:25 | ☾ |
| 13 | Sun | 5:51 | 1.1 | 6:24 | 1.2 | 12:47 | 0.2 | 12:47 | 0.2 | 5:34 | 8:24 | ☾ |
| 14 | Mon | 6:47 | 1.0 | 7:18 | 1.2 | 1:44 | 0.2 | 1:38 | 0.2 | 5:34 | 8:24 | ☾ |
| 15 | Tue | 7:45 | 1.0 | 8:11 | 1.2 | 2:35 | 0.2 | 2:27 | 0.2 | 5:35 | 8:23 | ☾ |
| 16 | Wed | 8:39 | 1.0 | 8:58 | 1.3 | 3:22 | 0.2 | 3:13 | 0.2 | 5:36 | 8:22 | ☾ |
| 17 | Thu | 9:27 | 1.1 | 9:41 | 1.3 | 4:06 | 0.1 | 3:57 | 0.2 | 5:37 | 8:22 | ☾ |
| 18 | Fri | 10:11 | 1.1 | 10:21 | 1.3 | 4:50 | 0.1 | 4:42 | 0.2 | 5:38 | 8:21 | ☾ |
| 19 | Sat | 10:52 | 1.1 | 10:58 | 1.3 | 5:32 | 0.1 | 5:26 | 0.1 | 5:38 | 8:20 | ☾ |
| 20 | Sun | 11:32 | 1.1 | 11:33 | 1.3 | 6:12 | 0.1 | 6:09 | 0.1 | 5:39 | 8:20 | ☾ |
| 21 | Mon | | | 12:10 | 1.1 | 6:49 | 0.1 | 6:49 | 0.2 | 5:40 | 8:19 | ☾ |
| 22 | Tue | 12:07 | 1.2 | 12:48 | 1.1 | 7:23 | 0.1 | 7:26 | 0.2 | 5:41 | 8:18 | ☾ |
| 23 | Wed | 12:41 | 1.2 | 1:26 | 1.1 | 7:55 | 0.1 | 8:03 | 0.2 | 5:42 | 8:17 | ☾ |
| 24 | Thu | 1:17 | 1.2 | 2:06 | 1.1 | 8:26 | 0.1 | 8:42 | 0.2 | 5:43 | 8:17 | ☾ |
| 25 | Fri | 1:58 | 1.1 | 2:49 | 1.2 | 8:59 | 0.1 | 9:27 | 0.2 | 5:44 | 8:16 | ☾ |
| 26 | Sat | 2:47 | 1.1 | 3:36 | 1.2 | 9:38 | 0.1 | 10:26 | 0.3 | 5:45 | 8:15 | ☾ |
| 27 | Sun | 3:42 | 1.1 | 4:27 | 1.2 | 10:30 | 0.2 | 11:37 | 0.3 | 5:45 | 8:14 | ☾ |
| 28 | Mon | 4:40 | 1.1 | 5:23 | 1.3 | 11:38 | 0.2 | | | 5:46 | 8:13 | ☾ |
| 29 | Tue | 5:43 | 1.1 | 6:26 | 1.3 | 12:48 | 0.2 | 12:49 | 0.1 | 5:47 | 8:12 | ☾ |
| 30 | Wed | 6:53 | 1.1 | 7:33 | 1.4 | 1:53 | 0.1 | 1:55 | 0.1 | 5:48 | 8:11 | ☾ |
| 31 | Thu | 8:04 | 1.1 | 8:36 | 1.5 | 2:52 | 0.0 | 2:56 | 0.0 | 5:49 | 8:10 | ☾ |