

































Gilgo Heading, NY - Aug 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:06	1.2	9:32	1.5	3:47	0.0	3:54	0.0	5:50	8:09	
2	Sat	10:02	1.3	10:25	1.5	4:41	-0.1	4:52	-0.1	5:51	8:08	
3	Sun	10:55	1.4	11:16	1.5	5:33	-0.2	5:48	-0.1	5:52	8:07	
4	Mon	11:47	1.4			6:23	-0.2	6:41	-0.1	5:53	8:05	
5	Tue	12:07	1.5	12:39	1.4	7:11	-0.2	7:32	-0.1	5:54	8:04	
6	Wed	12:59	1.4	1:32	1.4	7:56	-0.2	8:22	0.0	5:55	8:03	
7	Thu	1:51	1.3	2:25	1.3	8:41	-0.1	9:13	0.1	5:56	8:02	
8	Fri	2:45	1.2	3:18	1.3	9:27	0.0	10:09	0.2	5:57	8:01	
9	Sat	3:38	1.2	4:09	1.2	10:17	0.1	11:10	0.2	5:58	7:59	
10	Sun	4:30	1.1	4:58	1.2	11:12	0.2			5:59	7:58	
11	Mon	5:22	1.0	5:49	1.2	12:13	0.3	12:10	0.2	6:00	7:57	
12	Tue	6:17	1.0	6:43	1.2	1:13	0.3	1:06	0.3	6:01	7:56	
13	Wed	7:15	1.0	7:39	1.2	2:05	0.2	1:58	0.2	6:02	7:54	
14	Thu	8:11	1.0	8:30	1.2	2:53	0.2	2:47	0.2	6:03	7:53	
15	Fri	9:01	1.1	9:15	1.2	3:37	0.2	3:33	0.2	6:04	7:52	
16	Sat	9:45	1.1	9:55	1.3	4:19	0.1	4:17	0.2	6:05	7:50	
17	Sun	10:25	1.2	10:32	1.3	5:00	0.1	5:01	0.1	6:06	7:49	
18	Mon	11:02	1.2	11:07	1.3	5:39	0.1	5:44	0.1	6:07	7:47	
19	Tue	11:38	1.2	11:40	1.3	6:17	0.1	6:25	0.1	6:08	7:46	
20	Wed			12:13	1.2	6:52	0.1	7:04	0.1	6:09	7:44	
21	Thu	12:14	1.2	12:48	1.2	7:24	0.1	7:42	0.1	6:10	7:43	
22	Fri	12:50	1.2	1:27	1.2	7:56	0.1	8:22	0.2	6:11	7:41	
23	Sat	1:33	1.1	2:13	1.2	8:30	0.1	9:07	0.2	6:12	7:40	
24	Sun	2:24	1.1	3:06	1.3	9:09	0.1	10:04	0.2	6:12	7:38	
25	Mon	3:23	1.1	4:03	1.3	10:03	0.2	11:16	0.2	6:13	7:37	
26	Tue	4:25	1.1	5:03	1.3	11:17	0.2			6:14	7:35	
27	Wed	5:30	1.1	6:08	1.3	12:29	0.2	12:34	0.2	6:15	7:34	
28	Thu	6:40	1.1	7:16	1.4	1:34	0.1	1:43	0.1	6:16	7:32	
29	Fri	7:49	1.2	8:20	1.4	2:33	0.1	2:45	0.0	6:17	7:31	
30	Sat	8:51	1.3	9:16	1.5	3:27	0.0	3:42	0.0	6:18	7:29	
31	Sun	9:45	1.4	10:08	1.5	4:19	-0.1	4:37	-0.1	6:19	7:28	