



Gilgo Heading, NY - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:11	1.5	12:45	1.3	7:23	-0.2	7:28	-0.1	5:51	7:49	☀
2	Mon	1:02	1.4	1:40	1.2	8:11	-0.1	8:15	0.0	5:50	7:50	🌙
3	Tue	1:54	1.3	2:36	1.1	8:59	0.0	9:03	0.1	5:49	7:51	🌙
4	Wed	2:49	1.2	3:31	1.1	9:51	0.1	9:57	0.2	5:47	7:52	🌙
5	Thu	3:42	1.2	4:24	1.1	10:48	0.1	10:58	0.3	5:46	7:53	🌙
6	Fri	4:34	1.1	5:14	1.1	11:46	0.2			5:45	7:54	🌙
7	Sat	5:24	1.1	6:06	1.1	12:02	0.3	12:41	0.2	5:44	7:55	🌙
8	Sun	6:17	1.0	6:58	1.1	1:01	0.3	1:30	0.2	5:43	7:56	🌙
9	Mon	7:12	1.0	7:49	1.1	1:54	0.2	2:15	0.2	5:42	7:57	🌙
10	Tue	8:05	1.0	8:36	1.2	2:42	0.2	2:57	0.1	5:41	7:58	☀
11	Wed	8:53	1.1	9:18	1.3	3:27	0.1	3:38	0.1	5:39	7:59	☀
12	Thu	9:36	1.1	9:56	1.3	4:11	0.1	4:18	0.1	5:38	8:00	☀
13	Fri	10:16	1.1	10:32	1.3	4:55	0.0	4:59	0.1	5:37	8:01	☀
14	Sat	10:54	1.1	11:07	1.3	5:38	0.0	5:40	0.1	5:37	8:02	☀
15	Sun	11:32	1.1	11:42	1.3	6:20	0.0	6:20	0.1	5:36	8:03	☀
16	Mon			12:11	1.1	7:01	0.0	6:58	0.1	5:35	8:04	☀
17	Tue	12:20	1.3	12:53	1.1	7:40	0.0	7:37	0.1	5:34	8:05	☀
18	Wed	1:02	1.3	1:42	1.1	8:21	0.0	8:19	0.2	5:33	8:06	☀
19	Thu	1:53	1.3	2:37	1.1	9:06	0.0	9:08	0.2	5:32	8:07	☀
20	Fri	2:50	1.2	3:34	1.1	9:57	0.1	10:11	0.2	5:31	8:08	☀
21	Sat	3:49	1.2	4:31	1.2	10:58	0.1	11:26	0.2	5:31	8:09	☀
22	Sun	4:48	1.2	5:28	1.2			12:01	0.0	5:30	8:10	🌙
23	Mon	5:49	1.2	6:29	1.3	12:38	0.2	1:01	0.0	5:29	8:11	🌙
24	Tue	6:54	1.2	7:31	1.4	1:43	0.1	1:58	0.0	5:28	8:12	🌙
25	Wed	7:58	1.2	8:29	1.4	2:42	0.0	2:52	-0.1	5:28	8:12	🌙
26	Thu	8:57	1.3	9:23	1.5	3:38	-0.1	3:44	-0.1	5:27	8:13	🌙
27	Fri	9:51	1.3	10:13	1.5	4:32	-0.1	4:36	-0.1	5:27	8:14	🌙
28	Sat	10:43	1.3	11:01	1.5	5:25	-0.1	5:28	-0.1	5:26	8:15	☀
29	Sun	11:34	1.3	11:49	1.5	6:16	-0.1	6:18	0.0	5:25	8:16	☀
30	Mon			12:25	1.2	7:04	-0.1	7:06	0.0	5:25	8:16	☀
31	Tue	12:38	1.4	1:17	1.2	7:50	-0.1	7:51	0.1	5:25	8:17	☀