

































Gilgo Heading, NY - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:15	1.1	5:53	1.3	12:10	0.2	12:17	0.1	5:26	8:28	
2	Thu	6:17	1.1	6:54	1.4	1:19	0.2	1:17	0.1	5:27	8:28	
3	Fri	7:26	1.1	7:58	1.4	2:21	0.1	2:15	0.0	5:27	8:28	
4	Sat	8:32	1.1	8:58	1.5	3:20	0.0	3:13	0.0	5:28	8:27	
5	Sun	9:32	1.1	9:53	1.5	4:16	0.0	4:10	0.0	5:28	8:27	
6	Mon	10:27	1.2	10:45	1.5	5:12	-0.1	5:07	0.0	5:29	8:27	
7	Tue	11:21	1.2	11:37	1.5	6:06	-0.1	6:03	0.0	5:30	8:27	
8	Wed			12:15	1.2	6:55	-0.1	6:55	0.0	5:30	8:26	
9	Thu	12:27	1.4	1:08	1.2	7:41	-0.1	7:44	0.1	5:31	8:26	
10	Fri	1:18	1.3	2:01	1.2	8:25	0.0	8:31	0.1	5:32	8:26	
11	Sat	2:09	1.3	2:53	1.2	9:08	0.0	9:20	0.2	5:32	8:25	
12	Sun	2:59	1.2	3:41	1.2	9:52	0.1	10:13	0.3	5:33	8:25	
13	Mon	3:47	1.1	4:27	1.2	10:39	0.2	11:12	0.3	5:34	8:24	
14	Tue	4:33	1.0	5:11	1.2	11:27	0.2			5:34	8:24	
15	Wed	5:20	1.0	5:57	1.2	12:12	0.3	12:17	0.3	5:35	8:23	
16	Thu	6:11	0.9	6:47	1.2	1:10	0.3	1:07	0.3	5:36	8:22	
17	Fri	7:09	0.9	7:40	1.2	2:03	0.3	1:56	0.3	5:37	8:22	
18	Sat	8:07	0.9	8:31	1.2	2:51	0.2	2:43	0.3	5:38	8:21	
19	Sun	9:00	1.0	9:16	1.3	3:38	0.2	3:30	0.2	5:39	8:20	
20	Mon	9:46	1.0	9:58	1.3	4:24	0.1	4:16	0.2	5:39	8:20	
21	Tue	10:27	1.0	10:37	1.3	5:09	0.1	5:02	0.2	5:40	8:19	
22	Wed	11:07	1.1	11:16	1.3	5:53	0.1	5:47	0.2	5:41	8:18	
23	Thu	11:47	1.1	11:54	1.3	6:34	0.0	6:31	0.1	5:42	8:17	
24	Fri			12:27	1.1	7:12	0.0	7:13	0.1	5:43	8:17	
25	Sat	12:35	1.3	1:10	1.2	7:48	0.0	7:56	0.1	5:44	8:16	
26	Sun	1:20	1.3	1:57	1.2	8:25	0.0	8:41	0.2	5:45	8:15	
27	Mon	2:09	1.2	2:48	1.2	9:05	0.0	9:34	0.2	5:46	8:14	
28	Tue	3:03	1.2	3:41	1.3	9:50	0.1	10:40	0.2	5:46	8:13	
29	Wed	4:00	1.1	4:35	1.3	10:46	0.1	11:53	0.2	5:47	8:12	
30	Thu	4:58	1.1	5:32	1.3	11:50	0.1			5:48	8:11	
31	Fri	6:02	1.0	6:36	1.3	1:04	0.2	12:57	0.1	5:49	8:10	