

































## Gilgo Heading, NY - Nov 2023

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sun | 9:26  | 1.3 | 9:43  | 1.1 | 3:50  | 0.1  | 4:24  | 0.1  | 6:23  | 4:50 |    |
| 2    | Mon | 10:01 | 1.3 | 10:20 | 1.1 | 4:27  | 0.1  | 5:05  | 0.1  | 6:24  | 4:49 |    |
| 3    | Tue | 10:35 | 1.3 | 10:57 | 1.1 | 5:04  | 0.1  | 5:44  | 0.1  | 6:26  | 4:48 |    |
| 4    | Wed | 11:10 | 1.3 | 11:36 | 1.0 | 5:39  | 0.2  | 6:22  | 0.1  | 6:27  | 4:46 |    |
| 5    | Thu | 11:45 | 1.2 |       |     | 6:13  | 0.2  | 6:59  | 0.2  | 6:28  | 4:45 |    |
| 6    | Fri | 12:18 | 1.0 | 12:24 | 1.2 | 6:46  | 0.3  | 7:38  | 0.2  | 6:29  | 4:44 |    |
| 7    | Sat | 1:06  | 0.9 | 1:10  | 1.1 | 7:20  | 0.3  | 8:22  | 0.2  | 6:30  | 4:43 |    |
| 8    | Sun | 2:00  | 0.9 | 2:03  | 1.1 | 8:01  | 0.4  | 9:16  | 0.3  | 6:32  | 4:42 |    |
| 9    | Mon | 2:53  | 0.9 | 2:59  | 1.1 | 9:00  | 0.4  | 10:19 | 0.3  | 6:33  | 4:41 |    |
| 10   | Tue | 3:45  | 0.9 | 3:53  | 1.1 | 10:22 | 0.4  | 11:18 | 0.2  | 6:34  | 4:40 |    |
| 11   | Wed | 4:37  | 1.0 | 4:50  | 1.1 | 11:36 | 0.3  |       |      | 6:35  | 4:39 |    |
| 12   | Thu | 5:32  | 1.1 | 5:50  | 1.1 | 12:12 | 0.1  | 12:39 | 0.2  | 6:36  | 4:38 |   |
| 13   | Fri | 6:28  | 1.2 | 6:50  | 1.2 | 1:00  | 0.1  | 1:34  | 0.1  | 6:37  | 4:37 |  |
| 14   | Sat | 7:21  | 1.3 | 7:45  | 1.2 | 1:47  | 0.0  | 2:27  | 0.0  | 6:39  | 4:36 |  |
| 15   | Sun | 8:10  | 1.4 | 8:37  | 1.2 | 2:34  | -0.1 | 3:20  | -0.1 | 6:40  | 4:36 |  |
| 16   | Mon | 8:58  | 1.5 | 9:27  | 1.2 | 3:22  | -0.1 | 4:13  | -0.1 | 6:41  | 4:35 |  |
| 17   | Tue | 9:46  | 1.5 | 10:18 | 1.2 | 4:12  | -0.1 | 5:07  | -0.1 | 6:42  | 4:34 |  |
| 18   | Wed | 10:37 | 1.5 | 11:12 | 1.2 | 5:04  | -0.1 | 5:59  | -0.1 | 6:43  | 4:33 |  |
| 19   | Thu | 11:31 | 1.5 |       |     | 5:56  | -0.1 | 6:51  | -0.1 | 6:44  | 4:33 |  |
| 20   | Fri | 12:11 | 1.1 | 12:29 | 1.4 | 6:48  | 0.0  | 7:44  | -0.1 | 6:45  | 4:32 |  |
| 21   | Sat | 1:14  | 1.1 | 1:31  | 1.3 | 7:43  | 0.1  | 8:42  | 0.0  | 6:47  | 4:31 |  |
| 22   | Sun | 2:17  | 1.1 | 2:33  | 1.2 | 8:44  | 0.1  | 9:44  | 0.1  | 6:48  | 4:31 |  |
| 23   | Mon | 3:18  | 1.1 | 3:31  | 1.2 | 9:53  | 0.2  | 10:47 | 0.1  | 6:49  | 4:30 |  |
| 24   | Tue | 4:14  | 1.1 | 4:26  | 1.1 | 11:04 | 0.2  | 11:45 | 0.1  | 6:50  | 4:30 |  |
| 25   | Wed | 5:09  | 1.1 | 5:22  | 1.1 |       |      | 12:07 | 0.2  | 6:51  | 4:29 |  |
| 26   | Thu | 6:03  | 1.1 | 6:18  | 1.0 | 12:35 | 0.1  | 1:02  | 0.2  | 6:52  | 4:29 |  |
| 27   | Fri | 6:54  | 1.2 | 7:10  | 1.0 | 1:19  | 0.1  | 1:51  | 0.1  | 6:53  | 4:28 |  |
| 28   | Sat | 7:40  | 1.2 | 7:57  | 1.0 | 1:59  | 0.1  | 2:35  | 0.1  | 6:54  | 4:28 |  |
| 29   | Sun | 8:20  | 1.3 | 8:39  | 1.0 | 2:38  | 0.1  | 3:18  | 0.1  | 6:55  | 4:27 |  |
| 30   | Mon | 8:58  | 1.3 | 9:19  | 1.0 | 3:17  | 0.1  | 4:01  | 0.0  | 6:56  | 4:27 |  |