



Gilgo Heading, NY - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:54	1.2	11:13	1.2	5:37	-0.1	5:55	-0.2	6:25	5:45	☀
2	Wed	11:34	1.1	11:54	1.2	6:18	-0.1	6:30	-0.1	6:24	5:46	☀
3	Thu			12:19	1.1	7:01	-0.1	7:07	-0.1	6:22	5:47	☀
4	Fri	12:40	1.2	1:11	1.0	7:47	0.0	7:48	-0.1	6:21	5:48	☀
5	Sat	1:33	1.2	2:09	1.0	8:42	0.0	8:38	0.0	6:19	5:50	☀
6	Sun	2:33	1.2	3:12	0.9	9:52	0.1	9:46	0.1	6:18	5:51	☀
7	Mon	3:36	1.1	4:17	0.9	11:10	0.1	11:07	0.1	6:16	5:52	☀
8	Tue	4:44	1.1	5:28	0.9			12:22	0.1	6:14	5:53	☀
9	Wed	5:56	1.1	6:39	1.0	12:22	0.1	1:24	0.0	6:13	5:54	☀
10	Thu	7:05	1.2	7:41	1.1	1:27	0.0	2:18	-0.1	6:11	5:55	☀
11	Fri	8:04	1.2	8:34	1.2	2:25	-0.1	3:07	-0.1	6:10	5:56	☀
12	Sat	8:53	1.2	9:20	1.2	3:18	-0.1	3:54	-0.2	6:08	5:57	☀
13	Sun	10:37	1.3	11:04	1.3	5:08	-0.1	5:38	-0.2	7:06	6:58	☀
14	Mon	11:19	1.2	11:45	1.3	5:55	-0.2	6:18	-0.2	7:05	6:59	☀
15	Tue			12:01	1.2	6:39	-0.1	6:56	-0.1	7:03	7:00	☀
16	Wed	12:25	1.2	12:42	1.1	7:20	-0.1	7:31	-0.1	7:01	7:01	☀
17	Thu	1:05	1.2	1:24	1.0	7:58	0.0	8:04	0.0	7:00	7:03	☀
18	Fri	1:46	1.1	2:08	1.0	8:37	0.0	8:37	0.1	6:58	7:04	☀
19	Sat	2:29	1.1	2:56	0.9	9:19	0.1	9:12	0.2	6:56	7:05	☀
20	Sun	3:16	1.0	3:47	0.8	10:09	0.2	9:58	0.3	6:55	7:06	☀
21	Mon	4:05	1.0	4:39	0.8	11:12	0.2	11:07	0.3	6:53	7:07	☀
22	Tue	4:58	1.0	5:35	0.8			12:21	0.3	6:51	7:08	☀
23	Wed	5:55	1.0	6:36	0.8	12:24	0.3	1:22	0.2	6:50	7:09	☀
24	Thu	6:58	1.0	7:37	0.9	1:30	0.3	2:14	0.2	6:48	7:10	☀
25	Fri	7:56	1.0	8:29	1.0	2:24	0.2	3:00	0.1	6:47	7:11	☀
26	Sat	8:46	1.1	9:13	1.1	3:13	0.1	3:42	0.0	6:45	7:12	☀
27	Sun	9:30	1.2	9:52	1.2	4:00	0.0	4:23	0.0	6:43	7:13	☀
28	Mon	10:10	1.2	10:29	1.2	4:46	0.0	5:04	-0.1	6:42	7:14	☀
29	Tue	10:51	1.2	11:07	1.3	5:32	-0.1	5:45	-0.1	6:40	7:15	☀
30	Wed	11:32	1.2	11:47	1.3	6:18	-0.1	6:25	-0.1	6:38	7:16	☀
31	Thu			12:17	1.2	7:04	-0.1	7:06	-0.1	6:37	7:17	☀