

































## Gilgo Heading, NY - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:43	1.0	5:17	1.2	11:33	0.2			5:51	8:08	
2	Tue	5:34	1.0	6:07	1.2	12:29	0.3	12:28	0.3	5:52	8:07	
3	Wed	6:30	0.9	7:02	1.2	1:27	0.3	1:23	0.3	5:53	8:06	
4	Thu	7:31	0.9	7:58	1.2	2:19	0.3	2:14	0.3	5:54	8:04	
5	Fri	8:28	1.0	8:48	1.2	3:07	0.2	3:02	0.3	5:55	8:03	
6	Sat	9:17	1.0	9:33	1.3	3:52	0.2	3:48	0.2	5:56	8:02	
7	Sun	10:00	1.0	10:12	1.3	4:36	0.1	4:34	0.2	5:57	8:01	
8	Mon	10:40	1.1	10:49	1.3	5:17	0.1	5:18	0.2	5:58	8:00	
9	Tue	11:17	1.1	11:25	1.3	5:57	0.1	6:00	0.2	5:59	7:58	
10	Wed	11:52	1.1	11:59	1.3	6:34	0.0	6:40	0.2	6:00	7:57	
11	Thu			12:26	1.2	7:08	0.0	7:18	0.2	6:01	7:56	
12	Fri	12:34	1.2	1:02	1.2	7:40	0.1	7:56	0.2	6:02	7:54	
13	Sat	1:13	1.2	1:42	1.2	8:11	0.1	8:37	0.2	6:03	7:53	
14	Sun	1:57	1.1	2:28	1.2	8:45	0.1	9:25	0.2	6:04	7:52	
15	Mon	2:50	1.1	3:21	1.3	9:26	0.1	10:28	0.3	6:05	7:50	
16	Tue	3:48	1.0	4:18	1.3	10:21	0.2	11:46	0.3	6:06	7:49	
17	Wed	4:50	1.0	5:19	1.3	11:33	0.2			6:06	7:48	
18	Thu	5:57	1.0	6:27	1.3	1:00	0.2	12:50	0.2	6:07	7:46	
19	Fri	7:10	1.0	7:39	1.3	2:06	0.2	1:59	0.1	6:08	7:45	
20	Sat	8:19	1.1	8:43	1.4	3:04	0.1	3:01	0.1	6:09	7:43	
21	Sun	9:19	1.2	9:39	1.5	3:58	0.0	4:00	0.0	6:10	7:42	
22	Mon	10:12	1.3	10:29	1.5	4:50	-0.1	4:56	0.0	6:11	7:40	
23	Tue	11:01	1.4	11:17	1.5	5:39	-0.1	5:49	0.0	6:12	7:39	
24	Wed	11:49	1.4			6:25	-0.1	6:39	0.0	6:13	7:37	
25	Thu	12:04	1.4	12:37	1.4	7:08	-0.1	7:26	0.0	6:14	7:36	
26	Fri	12:51	1.3	1:25	1.4	7:48	0.0	8:11	0.1	6:15	7:34	
27	Sat	1:39	1.2	2:13	1.3	8:28	0.0	8:57	0.1	6:16	7:33	
28	Sun	2:28	1.1	3:01	1.3	9:07	0.1	9:47	0.2	6:17	7:31	
29	Mon	3:20	1.1	3:50	1.2	9:51	0.2	10:45	0.3	6:18	7:29	
30	Tue	4:11	1.0	4:38	1.2	10:43	0.3	11:49	0.3	6:19	7:28	
31	Wed	5:03	0.9	5:29	1.1	11:46	0.4			6:20	7:26	