

































## Gilgo Heading, NY - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:45	1.3	8:21	1.0	2:03	-0.1	3:06	-0.1	7:17	4:37	
2	Mon	8:40	1.4	9:14	1.1	2:59	-0.1	4:01	-0.2	7:17	4:38	
3	Tue	9:33	1.4	10:07	1.1	3:55	-0.2	4:54	-0.2	7:17	4:39	
4	Wed	10:24	1.4	11:00	1.2	4:51	-0.2	5:44	-0.3	7:17	4:40	
5	Thu	11:17	1.4	11:55	1.2	5:45	-0.2	6:32	-0.3	7:17	4:41	
6	Fri			12:10	1.3	6:37	-0.2	7:19	-0.3	7:17	4:42	
7	Sat	12:51	1.2	1:05	1.2	7:29	-0.1	8:06	-0.2	7:17	4:43	
8	Sun	1:47	1.2	2:00	1.2	8:23	-0.1	8:57	-0.1	7:16	4:44	
9	Mon	2:42	1.1	2:54	1.1	9:23	0.0	9:51	-0.1	7:16	4:45	
10	Tue	3:34	1.1	3:47	1.0	10:29	0.1	10:48	0.0	7:16	4:46	
11	Wed	4:26	1.1	4:41	0.9	11:35	0.1	11:45	0.1	7:16	4:47	
12	Thu	5:19	1.1	5:40	0.8			12:35	0.1	7:15	4:48	
13	Fri	6:16	1.1	6:41	0.8	12:39	0.1	1:29	0.1	7:15	4:49	
14	Sat	7:12	1.1	7:38	0.8	1:29	0.1	2:18	0.0	7:15	4:50	
15	Sun	8:01	1.1	8:27	0.9	2:16	0.1	3:04	0.0	7:14	4:51	
16	Mon	8:45	1.1	9:10	0.9	3:01	0.1	3:48	0.0	7:14	4:52	
17	Tue	9:26	1.1	9:50	0.9	3:46	0.0	4:30	0.0	7:13	4:53	
18	Wed	10:04	1.1	10:29	1.0	4:29	0.0	5:10	-0.1	7:13	4:54	
19	Thu	10:40	1.1	11:06	1.0	5:11	0.0	5:47	-0.1	7:12	4:56	
20	Fri	11:14	1.1	11:42	1.0	5:49	0.0	6:20	-0.1	7:12	4:57	
21	Sat	11:48	1.1			6:25	0.0	6:52	-0.1	7:11	4:58	
22	Sun	12:16	1.0	12:23	1.0	6:59	0.1	7:21	0.0	7:10	4:59	
23	Mon	12:52	1.0	1:01	1.0	7:34	0.1	7:52	0.0	7:10	5:00	
24	Tue	1:32	1.0	1:46	0.9	8:15	0.1	8:27	0.0	7:09	5:02	
25	Wed	2:17	1.0	2:37	0.9	9:10	0.2	9:13	0.0	7:08	5:03	
26	Thu	3:07	1.0	3:34	0.9	10:25	0.2	10:17	0.1	7:07	5:04	
27	Fri	4:03	1.1	4:37	0.8	11:43	0.1	11:32	0.0	7:07	5:05	
28	Sat	5:08	1.1	5:50	0.9			12:52	0.1	7:06	5:06	
29	Sun	6:20	1.2	7:03	0.9	12:42	0.0	1:52	0.0	7:05	5:08	
30	Mon	7:28	1.2	8:05	1.0	1:46	-0.1	2:48	-0.1	7:04	5:09	
31	Tue	8:27	1.3	9:00	1.1	2:45	-0.2	3:42	-0.2	7:03	5:10	