































## Gilgo Heading, NY - Mar 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:12	1.3	8:44	1.2	2:34	-0.1	3:20	-0.2	6:26	5:45	
2	Thu	9:04	1.3	9:34	1.3	3:30	-0.2	4:09	-0.3	6:24	5:46	
3	Fri	9:52	1.3	10:21	1.3	4:24	-0.3	4:57	-0.3	6:23	5:47	
4	Sat	10:39	1.3	11:08	1.3	5:15	-0.3	5:41	-0.3	6:21	5:48	
5	Sun	11:26	1.2	11:55	1.3	6:03	-0.2	6:23	-0.2	6:20	5:49	
6	Mon			12:14	1.2	6:49	-0.2	7:04	-0.2	6:18	5:50	
7	Tue	12:43	1.2	1:04	1.1	7:34	-0.1	7:44	-0.1	6:16	5:51	
8	Wed	1:32	1.2	1:55	1.0	8:21	0.0	8:27	0.1	6:15	5:53	
9	Thu	2:22	1.1	2:48	0.9	9:15	0.1	9:19	0.2	6:13	5:54	
10	Fri	3:13	1.0	3:42	0.8	10:19	0.2	10:23	0.2	6:12	5:55	
11	Sat	4:06	1.0	4:38	0.8	11:26	0.2	11:32	0.3	6:10	5:56	
12	Sun	6:03	1.0	6:39	0.8			1:26	0.2	7:08	6:57	
13	Mon	7:05	1.0	7:41	0.9	1:34	0.2	2:19	0.2	7:07	6:58	
14	Tue	8:04	1.0	8:35	0.9	2:28	0.2	3:04	0.1	7:05	6:59	
15	Wed	8:53	1.0	9:19	1.0	3:15	0.1	3:46	0.0	7:03	7:00	
16	Thu	9:35	1.1	9:57	1.1	4:00	0.1	4:25	0.0	7:02	7:01	
17	Fri	10:12	1.1	10:32	1.1	4:43	0.0	5:03	0.0	7:00	7:02	
18	Sat	10:48	1.1	11:04	1.2	5:25	0.0	5:40	-0.1	6:58	7:03	
19	Sun	11:22	1.1	11:35	1.2	6:05	0.0	6:15	-0.1	6:57	7:04	
20	Mon	11:57	1.1			6:44	0.0	6:49	-0.1	6:55	7:05	
21	Tue	12:07	1.2	12:33	1.1	7:22	0.0	7:22	0.0	6:54	7:07	
22	Wed	12:42	1.2	1:15	1.0	8:01	0.0	7:56	0.0	6:52	7:08	
23	Thu	1:25	1.2	2:05	1.0	8:44	0.0	8:35	0.0	6:50	7:09	
24	Fri	2:18	1.2	3:05	0.9	9:36	0.1	9:25	0.1	6:49	7:10	
25	Sat	3:20	1.2	4:09	0.9	10:46	0.1	10:36	0.1	6:47	7:11	
26	Sun	4:26	1.1	5:14	0.9			12:03	0.1	6:45	7:12	
27	Mon	5:34	1.1	6:22	1.0	12:02	0.1	1:12	0.1	6:44	7:13	
28	Tue	6:45	1.2	7:31	1.1	1:18	0.1	2:12	0.0	6:42	7:14	
29	Wed	7:53	1.2	8:32	1.2	2:23	0.0	3:04	-0.1	6:40	7:15	
30	Thu	8:52	1.2	9:24	1.3	3:20	-0.1	3:54	-0.2	6:39	7:16	
31	Fri	9:43	1.3	10:12	1.4	4:15	-0.1	4:41	-0.2	6:37	7:17	