

































## Gilgo Heading, NY - Aug 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:37	1.2	1:07	1.1	7:39	0.1	7:50	0.2	5:51	8:08	
2	Wed	1:12	1.2	1:43	1.1	8:09	0.1	8:25	0.3	5:52	8:07	
3	Thu	1:48	1.1	2:20	1.1	8:38	0.1	9:04	0.3	5:53	8:06	
4	Fri	2:30	1.1	3:01	1.1	9:09	0.2	9:51	0.3	5:54	8:05	
5	Sat	3:18	1.0	3:46	1.2	9:49	0.2	10:57	0.3	5:55	8:04	
6	Sun	4:10	1.0	4:37	1.2	10:43	0.2			5:56	8:02	
7	Mon	5:09	1.0	5:35	1.2	12:13	0.3	11:54 AM	0.2	5:56	8:01	
8	Tue	6:15	1.0	6:43	1.3	1:23	0.3	1:06	0.2	5:57	8:00	
9	Wed	7:28	1.0	7:53	1.3	2:24	0.2	2:12	0.1	5:58	7:59	
10	Thu	8:34	1.1	8:55	1.4	3:20	0.1	3:13	0.1	5:59	7:57	
11	Fri	9:31	1.2	9:49	1.5	4:13	0.0	4:12	0.0	6:00	7:56	
12	Sat	10:24	1.3	10:41	1.5	5:05	-0.1	5:09	-0.1	6:01	7:55	
13	Sun	11:15	1.4	11:31	1.5	5:55	-0.2	6:04	-0.1	6:02	7:53	
14	Mon			12:06	1.4	6:42	-0.2	6:57	-0.1	6:03	7:52	
15	Tue	12:21	1.5	12:58	1.4	7:27	-0.2	7:47	-0.1	6:04	7:51	
16	Wed	1:13	1.4	1:51	1.4	8:12	-0.1	8:38	0.0	6:05	7:49	
17	Thu	2:07	1.3	2:45	1.4	8:57	0.0	9:32	0.1	6:06	7:48	
18	Fri	3:02	1.2	3:38	1.3	9:46	0.1	10:32	0.2	6:07	7:46	
19	Sat	3:57	1.1	4:31	1.3	10:41	0.2	11:37	0.2	6:08	7:45	
20	Sun	4:52	1.0	5:23	1.2	11:42	0.3			6:09	7:44	
21	Mon	5:48	1.0	6:20	1.2	12:43	0.3	12:45	0.3	6:10	7:42	
22	Tue	6:49	1.0	7:19	1.2	1:42	0.3	1:43	0.3	6:11	7:41	
23	Wed	7:51	1.0	8:15	1.2	2:34	0.2	2:34	0.3	6:12	7:39	
24	Thu	8:45	1.0	9:03	1.2	3:20	0.2	3:21	0.2	6:13	7:38	
25	Fri	9:30	1.1	9:45	1.3	4:02	0.2	4:06	0.2	6:14	7:36	
26	Sat	10:10	1.1	10:23	1.3	4:42	0.1	4:50	0.2	6:15	7:34	
27	Sun	10:47	1.2	10:59	1.3	5:21	0.1	5:32	0.2	6:16	7:33	
28	Mon	11:22	1.2	11:33	1.2	5:58	0.1	6:12	0.2	6:17	7:31	
29	Tue	11:54	1.2			6:32	0.1	6:50	0.2	6:18	7:30	
30	Wed	12:06	1.2	12:25	1.2	7:04	0.1	7:26	0.2	6:19	7:28	
31	Thu	12:38	1.2	12:57	1.2	7:33	0.1	8:01	0.2	6:20	7:27	