

































## Gilgo Heading, NY - Jan 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:09	1.3	7:37	1.0	1:29	-0.1	2:23	-0.1	7:17	4:37	
2	Sat	8:07	1.4	8:35	1.1	2:26	-0.1	3:18	-0.2	7:17	4:38	
3	Sun	9:01	1.4	9:29	1.2	3:23	-0.2	4:12	-0.3	7:17	4:39	
4	Mon	9:53	1.5	10:22	1.2	4:19	-0.2	5:04	-0.3	7:17	4:40	
5	Tue	10:44	1.4	11:15	1.2	5:14	-0.3	5:54	-0.3	7:17	4:41	
6	Wed	11:36	1.4			6:06	-0.2	6:41	-0.3	7:17	4:42	
7	Thu	12:09	1.2	12:29	1.3	6:57	-0.2	7:28	-0.3	7:17	4:43	
8	Fri	1:05	1.2	1:24	1.2	7:48	-0.1	8:15	-0.2	7:16	4:44	
9	Sat	2:00	1.2	2:18	1.1	8:43	0.0	9:06	-0.1	7:16	4:45	
10	Sun	2:53	1.1	3:11	1.0	9:44	0.1	10:00	0.0	7:16	4:46	
11	Mon	3:44	1.1	4:03	1.0	10:49	0.1	10:57	0.0	7:16	4:47	
12	Tue	4:35	1.1	4:57	0.9	11:52	0.1	11:53	0.1	7:15	4:48	
13	Wed	5:29	1.0	5:55	0.9			12:50	0.1	7:15	4:49	
14	Thu	6:25	1.0	6:53	0.9	12:45	0.1	1:41	0.1	7:15	4:50	
15	Fri	7:19	1.1	7:46	0.9	1:34	0.1	2:27	0.0	7:14	4:51	
16	Sat	8:06	1.1	8:33	0.9	2:20	0.0	3:11	0.0	7:14	4:52	
17	Sun	8:48	1.1	9:15	1.0	3:05	0.0	3:54	0.0	7:13	4:53	
18	Mon	9:27	1.1	9:55	1.0	3:49	0.0	4:35	-0.1	7:13	4:54	
19	Tue	10:03	1.1	10:33	1.0	4:31	0.0	5:14	-0.1	7:12	4:56	
20	Wed	10:37	1.1	11:10	1.0	5:12	0.0	5:50	-0.1	7:12	4:57	
21	Thu	11:09	1.1	11:45	1.0	5:51	0.0	6:23	-0.1	7:11	4:58	
22	Fri	11:42	1.1			6:27	0.0	6:55	-0.1	7:10	4:59	
23	Sat	12:21	1.0	12:18	1.0	7:03	0.0	7:25	-0.1	7:10	5:00	
24	Sun	1:01	1.0	1:01	1.0	7:42	0.0	7:58	0.0	7:09	5:02	
25	Mon	1:46	1.0	1:51	1.0	8:28	0.1	8:39	0.0	7:08	5:03	
26	Tue	2:37	1.1	2:48	0.9	9:31	0.1	9:37	0.0	7:07	5:04	
27	Wed	3:32	1.1	3:50	0.9	10:47	0.1	10:51	0.0	7:07	5:05	
28	Thu	4:32	1.1	4:57	0.9			12:00	0.1	7:06	5:06	
29	Fri	5:40	1.2	6:11	0.9	12:05	0.0	1:06	0.0	7:05	5:08	
30	Sat	6:49	1.2	7:20	1.0	1:11	-0.1	2:04	-0.1	7:04	5:09	
31	Sun	7:51	1.3	8:20	1.1	2:12	-0.2	2:59	-0.2	7:03	5:10	