

































Gilgo Heading, NY - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:30	1.2	7:03	1.1	12:57	-0.1	1:50	-0.1	7:17	4:37	
2	Thu	7:32	1.3	8:04	1.1	1:54	-0.2	2:46	-0.2	7:17	4:38	
3	Fri	8:28	1.4	8:59	1.2	2:49	-0.2	3:42	-0.2	7:17	4:39	
4	Sat	9:21	1.4	9:52	1.2	3:45	-0.3	4:35	-0.3	7:17	4:40	
5	Sun	10:12	1.4	10:45	1.2	4:40	-0.3	5:27	-0.3	7:17	4:41	
6	Mon	11:03	1.4	11:39	1.2	5:33	-0.3	6:16	-0.3	7:17	4:42	
7	Tue	11:56	1.3			6:23	-0.2	7:03	-0.3	7:17	4:43	
8	Wed	12:34	1.2	12:49	1.3	7:13	-0.2	7:50	-0.2	7:16	4:44	
9	Thu	1:29	1.1	1:42	1.2	8:03	-0.1	8:39	-0.1	7:16	4:45	
10	Fri	2:22	1.1	2:35	1.1	8:58	0.0	9:32	0.0	7:16	4:46	
11	Sat	3:14	1.1	3:26	1.0	9:58	0.1	10:27	0.0	7:16	4:47	
12	Sun	4:04	1.0	4:17	0.9	11:01	0.1	11:22	0.1	7:15	4:48	
13	Mon	4:54	1.0	5:10	0.9			12:01	0.1	7:15	4:49	
14	Tue	5:47	1.0	6:07	0.9	12:14	0.1	12:55	0.1	7:15	4:50	
15	Wed	6:41	1.0	7:03	0.9	1:03	0.1	1:44	0.1	7:14	4:51	
16	Thu	7:31	1.1	7:54	0.9	1:49	0.0	2:30	0.0	7:14	4:52	
17	Fri	8:17	1.1	8:39	0.9	2:34	0.0	3:14	0.0	7:13	4:53	
18	Sat	8:58	1.2	9:20	1.0	3:17	0.0	3:57	-0.1	7:13	4:55	
19	Sun	9:36	1.2	9:58	1.0	4:01	0.0	4:39	-0.1	7:12	4:56	
20	Mon	10:12	1.2	10:35	1.0	4:43	0.0	5:19	-0.1	7:12	4:57	
21	Tue	10:47	1.2	11:11	1.0	5:23	0.0	5:57	-0.1	7:11	4:58	
22	Wed	11:22	1.1	11:48	1.0	6:01	0.0	6:32	-0.1	7:10	4:59	
23	Thu			12:00	1.1	6:38	0.0	7:06	-0.1	7:10	5:00	
24	Fri	12:27	1.0	12:42	1.1	7:16	0.0	7:42	-0.1	7:09	5:02	
25	Sat	1:13	1.0	1:31	1.0	7:59	0.0	8:23	-0.1	7:08	5:03	
26	Sun	2:04	1.0	2:27	1.0	8:54	0.1	9:15	0.0	7:07	5:04	
27	Mon	2:59	1.1	3:25	1.0	10:06	0.1	10:20	0.0	7:06	5:05	
28	Tue	3:57	1.1	4:27	1.0	11:22	0.1	11:30	0.0	7:06	5:06	
29	Wed	5:00	1.1	5:35	1.0			12:31	0.0	7:05	5:08	
30	Thu	6:09	1.2	6:45	1.0	12:36	-0.1	1:33	-0.1	7:04	5:09	
31	Fri	7:15	1.2	7:49	1.1	1:37	-0.2	2:30	-0.2	7:03	5:10	