

































Gilgo Heading, NY - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:00	1.2	7:35	1.1	1:25	-0.1	2:13	-0.1	6:26	5:45	
2	Sun	7:59	1.3	8:30	1.2	2:22	-0.1	3:05	-0.2	6:24	5:46	
3	Mon	8:51	1.3	9:20	1.2	3:17	-0.2	3:55	-0.2	6:23	5:47	
4	Tue	9:39	1.3	10:07	1.3	4:09	-0.2	4:43	-0.3	6:21	5:48	
5	Wed	10:25	1.3	10:52	1.3	4:58	-0.2	5:28	-0.2	6:19	5:49	
6	Thu	11:09	1.2	11:37	1.2	5:45	-0.2	6:09	-0.2	6:18	5:50	
7	Fri	11:54	1.2			6:28	-0.2	6:48	-0.1	6:16	5:52	
8	Sat	12:21	1.2	12:40	1.1	7:09	-0.1	7:26	-0.1	6:15	5:53	
9	Sun	1:07	1.1	2:27	1.0	8:51	0.0	9:04	0.0	7:13	6:54	
10	Mon	2:54	1.1	3:16	1.0	9:36	0.1	9:47	0.1	7:11	6:55	
11	Tue	3:41	1.0	4:05	0.9	10:29	0.1	10:39	0.2	7:10	6:56	
12	Wed	4:30	1.0	4:55	0.9	11:30	0.2	11:42	0.2	7:08	6:57	
13	Thu	5:20	1.0	5:49	0.9			12:33	0.2	7:07	6:58	
14	Fri	6:15	1.0	6:48	0.9	12:46	0.2	1:31	0.2	7:05	6:59	
15	Sat	7:14	1.0	7:47	0.9	1:44	0.2	2:22	0.1	7:03	7:00	
16	Sun	8:09	1.0	8:38	1.0	2:36	0.1	3:08	0.0	7:02	7:01	
17	Mon	8:58	1.1	9:22	1.1	3:23	0.1	3:52	0.0	7:00	7:02	
18	Tue	9:40	1.2	10:01	1.1	4:09	0.0	4:35	-0.1	6:58	7:03	
19	Wed	10:20	1.2	10:39	1.2	4:54	-0.1	5:17	-0.1	6:57	7:04	
20	Thu	10:59	1.2	11:16	1.2	5:39	-0.1	5:58	-0.1	6:55	7:06	
21	Fri	11:40	1.2	11:56	1.3	6:24	-0.1	6:38	-0.2	6:53	7:07	
22	Sat			12:23	1.2	7:07	-0.1	7:18	-0.2	6:52	7:08	
23	Sun	12:39	1.3	1:11	1.2	7:51	-0.1	8:00	-0.1	6:50	7:09	
24	Mon	1:28	1.3	2:05	1.1	8:38	-0.1	8:45	-0.1	6:48	7:10	
25	Tue	2:24	1.3	3:04	1.1	9:32	0.0	9:38	0.0	6:47	7:11	
26	Wed	3:24	1.2	4:05	1.1	10:37	0.0	10:45	0.0	6:45	7:12	
27	Thu	4:26	1.2	5:07	1.0	11:49	0.0			6:44	7:13	
28	Fri	5:29	1.2	6:11	1.1	12:00	0.1	12:57	0.0	6:42	7:14	
29	Sat	6:35	1.2	7:17	1.1	1:10	0.0	1:58	0.0	6:40	7:15	
30	Sun	7:42	1.2	8:18	1.2	2:13	0.0	2:52	-0.1	6:39	7:16	
31	Mon	8:41	1.2	9:12	1.2	3:09	-0.1	3:43	-0.1	6:37	7:17	