

































Gilgo Heading, NY - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:34	1.1	3:57	0.9	10:36	0.1	10:52	0.1	6:26	5:45	
2	Mon	4:26	1.0	4:52	0.9	11:39	0.1	11:52	0.2	6:24	5:46	
3	Tue	5:21	1.0	5:51	0.9			12:37	0.1	6:23	5:47	
4	Wed	6:20	1.0	6:50	0.9	12:48	0.1	1:27	0.1	6:21	5:48	
5	Thu	7:15	1.0	7:42	0.9	1:38	0.1	2:13	0.0	6:20	5:49	
6	Fri	8:03	1.1	8:27	1.0	2:25	0.1	2:57	0.0	6:18	5:50	
7	Sat	8:45	1.1	9:07	1.1	3:09	0.0	3:38	0.0	6:17	5:51	
8	Sun	10:24	1.1	10:44	1.1	4:53	0.0	5:18	-0.1	7:15	6:52	
9	Mon	11:00	1.2	11:19	1.1	5:35	0.0	5:57	-0.1	7:13	6:53	
10	Tue	11:35	1.2	11:51	1.1	6:15	-0.1	6:33	-0.1	7:12	6:55	
11	Wed			12:10	1.1	6:53	-0.1	7:07	-0.1	7:10	6:56	
12	Thu	12:24	1.1	12:46	1.1	7:29	0.0	7:40	-0.1	7:09	6:57	
13	Fri	12:58	1.1	1:26	1.1	8:06	0.0	8:13	0.0	7:07	6:58	
14	Sat	1:39	1.1	2:13	1.0	8:47	0.0	8:51	0.0	7:05	6:59	
15	Sun	2:28	1.1	3:08	1.0	9:36	0.1	9:39	0.0	7:04	7:00	
16	Mon	3:26	1.1	4:08	1.0	10:43	0.1	10:45	0.1	7:02	7:01	
17	Tue	4:27	1.1	5:11	1.0	11:59	0.1			7:00	7:02	
18	Wed	5:33	1.1	6:18	1.0	12:04	0.1	1:10	0.0	6:59	7:03	
19	Thu	6:43	1.2	7:28	1.1	1:17	0.0	2:11	0.0	6:57	7:04	
20	Fri	7:53	1.2	8:31	1.2	2:22	-0.1	3:07	-0.1	6:55	7:05	
21	Sat	8:54	1.3	9:26	1.3	3:21	-0.1	4:00	-0.2	6:54	7:06	
22	Sun	9:47	1.3	10:17	1.3	4:16	-0.2	4:50	-0.2	6:52	7:07	
23	Mon	10:37	1.4	11:05	1.4	5:10	-0.2	5:39	-0.3	6:51	7:08	
24	Tue	11:25	1.3	11:52	1.4	6:01	-0.3	6:26	-0.3	6:49	7:10	
25	Wed			12:13	1.3	6:50	-0.2	7:10	-0.2	6:47	7:11	
26	Thu	12:40	1.4	1:02	1.2	7:36	-0.2	7:52	-0.1	6:46	7:12	
27	Fri	1:27	1.3	1:52	1.1	8:21	-0.1	8:34	0.0	6:44	7:13	
28	Sat	2:17	1.2	2:44	1.1	9:07	0.0	9:18	0.1	6:42	7:14	
29	Sun	3:07	1.1	3:36	1.0	9:57	0.1	10:08	0.2	6:41	7:15	
30	Mon	3:58	1.1	4:28	0.9	10:55	0.2	11:08	0.2	6:39	7:16	
31	Tue	4:48	1.0	5:20	0.9	11:57	0.2			6:37	7:17	