

































Gilgo Heading, NY - Mar 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:22	1.3	9:53	1.2	3:53	-0.2	4:34	-0.2	6:25	5:45	
2	Thu	10:08	1.3	10:39	1.3	4:44	-0.2	5:20	-0.3	6:24	5:46	
3	Fri	10:56	1.3	11:27	1.3	5:34	-0.3	6:04	-0.3	6:22	5:47	
4	Sat	11:45	1.3			6:23	-0.3	6:48	-0.3	6:21	5:48	
5	Sun	12:18	1.3	12:38	1.2	7:12	-0.2	7:33	-0.2	6:19	5:50	
6	Mon	1:12	1.3	1:35	1.1	8:04	-0.2	8:23	-0.1	6:17	5:51	
7	Tue	2:09	1.2	2:34	1.1	9:04	-0.1	9:21	0.0	6:16	5:52	
8	Wed	3:07	1.2	3:34	1.0	10:11	0.0	10:28	0.0	6:14	5:53	
9	Thu	4:06	1.2	4:35	1.0	11:21	0.0	11:37	0.1	6:13	5:54	
10	Fri	5:07	1.1	5:40	0.9			12:27	0.0	6:11	5:55	
11	Sat	6:12	1.1	6:46	1.0	12:41	0.1	1:25	0.0	6:09	5:56	
12	Sun	8:13	1.1	8:44	1.0	1:39	0.0	3:16	0.0	7:08	6:57	
13	Mon	9:06	1.2	9:32	1.1	3:30	0.0	4:03	-0.1	7:06	6:58	
14	Tue	9:51	1.2	10:14	1.1	4:17	0.0	4:46	-0.1	7:05	6:59	
15	Wed	10:32	1.2	10:53	1.1	5:02	0.0	5:26	-0.1	7:03	7:01	
16	Thu	11:11	1.2	11:30	1.2	5:45	-0.1	6:05	-0.1	7:01	7:02	
17	Fri	11:49	1.2			6:25	-0.1	6:40	-0.1	7:00	7:03	
18	Sat	12:06	1.2	12:26	1.1	7:03	0.0	7:13	0.0	6:58	7:04	
19	Sun	12:41	1.1	1:04	1.1	7:39	0.0	7:45	0.0	6:56	7:05	
20	Mon	1:16	1.1	1:43	1.0	8:14	0.0	8:15	0.1	6:55	7:06	
21	Tue	1:51	1.1	2:25	0.9	8:50	0.1	8:47	0.1	6:53	7:07	
22	Wed	2:29	1.0	3:11	0.9	9:31	0.2	9:23	0.2	6:51	7:08	
23	Thu	3:12	1.0	4:00	0.9	10:24	0.2	10:13	0.2	6:50	7:09	
24	Fri	4:02	1.0	4:53	0.9	11:35	0.2	11:26	0.2	6:48	7:10	
25	Sat	4:58	1.0	5:52	0.9			12:45	0.2	6:46	7:11	
26	Sun	6:02	1.1	6:56	0.9	12:42	0.2	1:45	0.1	6:45	7:12	
27	Mon	7:11	1.1	7:58	1.0	1:48	0.1	2:38	0.0	6:43	7:13	
28	Tue	8:14	1.2	8:53	1.1	2:45	0.0	3:28	-0.1	6:41	7:14	
29	Wed	9:09	1.3	9:42	1.3	3:40	-0.1	4:16	-0.1	6:40	7:15	
30	Thu	10:00	1.3	10:29	1.4	4:33	-0.2	5:04	-0.2	6:38	7:16	
31	Fri	10:48	1.4	11:16	1.4	5:26	-0.2	5:52	-0.2	6:37	7:17	