

































## Gilgo Heading, NY - Mar 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:48	1.1	3:15	0.9	9:47	0.1	9:47	0.1	6:26	5:45	
2	Sat	3:36	1.0	4:06	0.9	10:51	0.2	10:47	0.2	6:24	5:46	
3	Sun	4:26	1.0	5:02	0.8	11:55	0.2	11:49	0.2	6:23	5:47	
4	Mon	5:23	1.0	6:03	0.8			12:52	0.2	6:21	5:48	
5	Tue	6:24	1.0	7:03	0.9	12:46	0.2	1:42	0.1	6:20	5:49	
6	Wed	7:21	1.0	7:54	0.9	1:38	0.1	2:28	0.1	6:18	5:50	
7	Thu	8:09	1.1	8:38	1.0	2:26	0.1	3:11	0.0	6:17	5:51	
8	Fri	8:49	1.1	9:17	1.0	3:11	0.0	3:52	0.0	6:15	5:52	
9	Sat	9:27	1.1	9:54	1.1	3:55	0.0	4:31	-0.1	6:13	5:53	
10	Sun	11:02	1.2	11:28	1.1	5:38	0.0	6:08	-0.1	7:12	6:55	
11	Mon	11:36	1.2			6:19	-0.1	6:43	-0.1	7:10	6:56	
12	Tue	12:02	1.1	12:11	1.1	6:58	-0.1	7:16	-0.1	7:09	6:57	
13	Wed	12:37	1.2	12:49	1.1	7:37	-0.1	7:49	-0.1	7:07	6:58	
14	Thu	1:17	1.2	1:33	1.0	8:17	0.0	8:23	0.0	7:05	6:59	
15	Fri	2:03	1.2	2:25	1.0	9:03	0.0	9:04	0.0	7:04	7:00	
16	Sat	2:57	1.2	3:25	1.0	10:00	0.1	9:59	0.1	7:02	7:01	
17	Sun	3:57	1.2	4:28	0.9	11:13	0.1	11:15	0.1	7:00	7:02	
18	Mon	5:00	1.1	5:35	0.9			12:29	0.1	6:59	7:03	
19	Tue	6:09	1.2	6:47	1.0	12:37	0.1	1:37	0.0	6:57	7:04	
20	Wed	7:20	1.2	7:57	1.0	1:49	0.0	2:37	0.0	6:55	7:05	
21	Thu	8:26	1.2	8:57	1.1	2:51	0.0	3:31	-0.1	6:54	7:06	
22	Fri	9:22	1.3	9:49	1.2	3:48	-0.1	4:21	-0.2	6:52	7:07	
23	Sat	10:11	1.3	10:37	1.3	4:41	-0.2	5:09	-0.2	6:50	7:08	
24	Sun	10:58	1.3	11:22	1.3	5:33	-0.2	5:55	-0.2	6:49	7:10	
25	Mon	11:43	1.3			6:21	-0.2	6:37	-0.2	6:47	7:11	
26	Tue	12:06	1.3	12:28	1.2	7:06	-0.2	7:17	-0.1	6:46	7:12	
27	Wed	12:49	1.3	1:14	1.1	7:49	-0.1	7:55	-0.1	6:44	7:13	
28	Thu	1:33	1.2	2:02	1.1	8:31	0.0	8:32	0.0	6:42	7:14	
29	Fri	2:18	1.2	2:52	1.0	9:15	0.1	9:12	0.1	6:41	7:15	
30	Sat	3:05	1.1	3:44	0.9	10:06	0.2	9:58	0.2	6:39	7:16	
31	Sun	3:54	1.0	4:35	0.9	11:06	0.2	10:58	0.3	6:37	7:17	