


































Gilgo Heading, NY - Jan 2060

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 8:06 | 1.2 | 8:31 | 0.9 | 2:22 | 0.0 | 3:15 | 0.0 | 7:17 | 4:36 |  |
| 2 | Fri | 8:49 | 1.2 | 9:15 | 1.0 | 3:08 | 0.0 | 4:02 | -0.1 | 7:17 | 4:37 |  |
| 3 | Sat | 9:30 | 1.3 | 9:58 | 1.0 | 3:54 | 0.0 | 4:49 | -0.1 | 7:17 | 4:38 |  |
| 4 | Sun | 10:13 | 1.3 | 10:42 | 1.0 | 4:42 | -0.1 | 5:34 | -0.2 | 7:17 | 4:39 |  |
| 5 | Mon | 10:59 | 1.3 | 11:30 | 1.0 | 5:30 | -0.1 | 6:18 | -0.2 | 7:17 | 4:40 |  |
| 6 | Tue | 11:47 | 1.3 | | | 6:17 | -0.1 | 7:01 | -0.2 | 7:17 | 4:41 |  |
| 7 | Wed | 12:22 | 1.0 | 12:40 | 1.2 | 7:05 | -0.1 | 7:46 | -0.2 | 7:17 | 4:42 |  |
| 8 | Thu | 1:18 | 1.1 | 1:36 | 1.2 | 7:57 | 0.0 | 8:34 | -0.1 | 7:16 | 4:43 |  |
| 9 | Fri | 2:15 | 1.1 | 2:33 | 1.1 | 8:58 | 0.0 | 9:28 | -0.1 | 7:16 | 4:44 |  |
| 10 | Sat | 3:11 | 1.1 | 3:29 | 1.1 | 10:07 | 0.1 | 10:28 | -0.1 | 7:16 | 4:45 |  |
| 11 | Sun | 4:07 | 1.1 | 4:27 | 1.0 | 11:20 | 0.1 | 11:29 | -0.1 | 7:16 | 4:46 |  |
| 12 | Mon | 5:05 | 1.1 | 5:30 | 1.0 | | | 12:27 | 0.0 | 7:16 | 4:47 |  |
| 13 | Tue | 6:07 | 1.2 | 6:36 | 0.9 | 12:29 | -0.1 | 1:27 | 0.0 | 7:15 | 4:48 |  |
| 14 | Wed | 7:08 | 1.2 | 7:38 | 1.0 | 1:25 | -0.1 | 2:23 | -0.1 | 7:15 | 4:49 |  |
| 15 | Thu | 8:04 | 1.2 | 8:33 | 1.0 | 2:18 | -0.1 | 3:15 | -0.1 | 7:14 | 4:50 |  |
| 16 | Fri | 8:53 | 1.2 | 9:22 | 1.0 | 3:10 | -0.1 | 4:05 | -0.1 | 7:14 | 4:51 |  |
| 17 | Sat | 9:38 | 1.2 | 10:08 | 1.0 | 3:59 | -0.1 | 4:52 | -0.1 | 7:14 | 4:53 |  |
| 18 | Sun | 10:21 | 1.2 | 10:53 | 1.0 | 4:47 | -0.1 | 5:35 | -0.1 | 7:13 | 4:54 |  |
| 19 | Mon | 11:03 | 1.2 | 11:37 | 1.0 | 5:31 | 0.0 | 6:15 | -0.1 | 7:13 | 4:55 |  |
| 20 | Tue | 11:44 | 1.1 | | | 6:13 | 0.0 | 6:51 | -0.1 | 7:12 | 4:56 |  |
| 21 | Wed | 12:21 | 1.0 | 12:25 | 1.1 | 6:51 | 0.0 | 7:26 | 0.0 | 7:11 | 4:57 |  |
| 22 | Thu | 1:05 | 1.0 | 1:07 | 1.0 | 7:30 | 0.1 | 8:00 | 0.0 | 7:11 | 4:58 |  |
| 23 | Fri | 1:49 | 0.9 | 1:49 | 0.9 | 8:11 | 0.1 | 8:35 | 0.1 | 7:10 | 5:00 |  |
| 24 | Sat | 2:33 | 0.9 | 2:33 | 0.9 | 8:58 | 0.2 | 9:16 | 0.1 | 7:09 | 5:01 |  |
| 25 | Sun | 3:15 | 0.9 | 3:18 | 0.8 | 9:57 | 0.2 | 10:05 | 0.1 | 7:09 | 5:02 |  |
| 26 | Mon | 3:58 | 0.9 | 4:06 | 0.8 | 11:03 | 0.2 | 11:04 | 0.2 | 7:08 | 5:03 |  |
| 27 | Tue | 4:45 | 1.0 | 5:02 | 0.8 | | | 12:07 | 0.2 | 7:07 | 5:04 |  |
| 28 | Wed | 5:40 | 1.0 | 6:07 | 0.8 | 12:03 | 0.1 | 1:05 | 0.1 | 7:06 | 5:06 |  |
| 29 | Thu | 6:40 | 1.0 | 7:11 | 0.8 | 1:00 | 0.1 | 1:58 | 0.0 | 7:05 | 5:07 |  |
| 30 | Fri | 7:36 | 1.1 | 8:05 | 0.9 | 1:52 | 0.1 | 2:48 | 0.0 | 7:04 | 5:08 |  |
| 31 | Sat | 8:26 | 1.2 | 8:53 | 1.0 | 2:44 | 0.0 | 3:38 | -0.1 | 7:04 | 5:09 |  |