

Gilgo Heading, NY - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:03	1.0	4:51	0.8	11:55	0.2	11:42	0.1	6:26	5:45	
2	Mon	5:14	1.1	6:05	0.9			1:01	0.1	6:24	5:46	
3	Tue	6:29	1.1	7:13	1.0	12:54	0.1	1:57	0.0	6:23	5:47	
4	Wed	7:35	1.2	8:11	1.1	1:57	0.0	2:49	-0.1	6:21	5:48	
5	Thu	8:30	1.3	9:02	1.2	2:54	-0.1	3:40	-0.2	6:20	5:49	
6	Fri	9:21	1.4	9:51	1.3	3:50	-0.2	4:28	-0.3	6:18	5:50	
7	Sat	10:09	1.4	10:39	1.4	4:44	-0.3	5:15	-0.3	6:16	5:51	
8	Sun	11:58	1.3			6:35	-0.3	7:00	-0.3	7:15	6:52	
9	Mon	12:28	1.4	12:47	1.3	7:24	-0.3	7:43	-0.3	7:13	6:53	
10	Tue	1:18	1.3	1:39	1.2	8:13	-0.2	8:27	-0.2	7:12	6:55	
11	Wed	2:10	1.3	2:34	1.1	9:03	-0.1	9:13	0.0	7:10	6:56	
12	Thu	3:04	1.2	3:31	1.0	9:58	0.0	10:06	0.1	7:08	6:57	
13	Fri	3:59	1.1	4:28	0.9	11:03	0.1	11:11	0.2	7:07	6:58	
14	Sat	4:54	1.1	5:26	0.9			12:12	0.2	7:05	6:59	
15	Sun	5:52	1.0	6:28	0.8	12:21	0.2	1:17	0.2	7:04	7:00	
16	Mon	6:55	1.0	7:33	0.9	1:26	0.2	2:13	0.1	7:02	7:01	
17	Tue	7:57	1.0	8:29	0.9	2:22	0.2	3:00	0.1	7:00	7:02	
18	Wed	8:48	1.1	9:15	1.0	3:11	0.1	3:42	0.1	6:59	7:03	
19	Thu	9:31	1.1	9:54	1.1	3:55	0.1	4:21	0.0	6:57	7:04	
20	Fri	10:10	1.1	10:30	1.1	4:38	0.0	4:59	0.0	6:55	7:05	
21	Sat	10:45	1.1	11:03	1.1	5:20	0.0	5:35	0.0	6:54	7:06	
22	Sun	11:20	1.1	11:34	1.2	5:59	0.0	6:10	0.0	6:52	7:07	
23	Mon	11:53	1.1			6:37	0.0	6:42	0.0	6:50	7:09	
24	Tue	12:03	1.2	12:26	1.0	7:13	0.0	7:12	0.0	6:49	7:10	
25	Wed	12:32	1.2	1:01	1.0	7:47	0.0	7:41	0.1	6:47	7:11	
26	Thu	1:04	1.1	1:40	0.9	8:22	0.1	8:12	0.1	6:45	7:12	
27	Fri	1:43	1.1	2:29	0.9	9:02	0.1	8:48	0.1	6:44	7:13	
28	Sat	2:35	1.1	3:27	0.9	9:56	0.2	9:39	0.2	6:42	7:14	
29	Sun	3:36	1.1	4:30	0.9	11:11	0.2	10:56	0.2	6:40	7:15	
30	Mon	4:42	1.1	5:35	0.9			12:29	0.2	6:39	7:16	
31	Tue	5:52	1.1	6:45	1.0	12:25	0.2	1:34	0.1	6:37	7:17	