US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:33	8.3	4:02	8.9	9:50	-0.4	10:34	-0.3	5:51	8:10	
2	Mon	4:31	7.9	5:02	8.7	10:49	-0.1	11:45	-0.1	5:52	8:09	
3	Tue	5:37	7.6	6:10	8.5	11:57	0.1			5:53	8:08	
4	Wed	6:55	7.4	7:27	8.4	1:02	0.0	1:15	0.3	5:54	8:07	
5	Thu	8:18	7.4	8:44	8.4	2:16	-0.1	2:32	0.3	5:55	8:05	
6	Fri	9:27	7.6	9:48	8.5	3:22	-0.3	3:39	0.2	5:56	8:04	
7	Sat	10:25	7.8	10:44	8.6	4:19	-0.5	4:37	0.0	5:57	8:03	
8	Sun	11:17	8.0	11:33	8.6	5:11	-0.6	5:29	-0.1	5:58	8:02	
9	Mon			12:03	8.1	5:59	-0.6	6:17	-0.2	5:58	8:01	
10	Tue	12:18	8.5	12:45	8.2	6:42	-0.6	7:00	-0.1	5:59	7:59	
11	Wed	12:58	8.3	1:22	8.1	7:21	-0.4	7:39	0.0	6:00	7:58	
12	Thu	1:33	8.1	1:53	8.0	7:55	-0.1	8:14	0.2	6:01	7:57	
13	Fri	2:03	7.8	2:21	7.9	8:24	0.1	8:46	0.3	6:02	7:55	
14	Sat	2:33	7.6	2:51	7.8	8:52	0.4	9:20	0.6	6:03	7:54	
15	Sun	3:08	7.3	3:28	7.7	9:25	0.7	10:01	0.8	6:04	7:53	
16	Mon	3:49	7.0	4:12	7.5	10:06	1.0	10:51	1.0	6:05	7:51	
17	Tue	4:37	6.7	5:02	7.3	10:55	1.2	11:53	1.2	6:06	7:50	
18	Wed	5:32	6.5	5:57	7.2	11:53	1.5			6:07	7:48	
19	Thu	6:36	6.4	7:00	7.1	1:06	1.2	12:59	1.5	6:08	7:47	
20	Fri	7:53	6.4	8:09	7.2	2:16	1.1	2:14	1.5	6:09	7:45	
21	Sat	9:03	6.7	9:10	7.5	3:13	0.9	3:16	1.2	6:10	7:44	
22	Sun	9:51	7.0	9:58	7.8	3:59	0.6	4:04	0.9	6:11	7:42	
23	Mon	10:30	7.5	10:41	8.1	4:39	0.3	4:46	0.4	6:12	7:41	
24	Tue	11:07	8.0	11:22	8.5	5:14	-0.1	5:26	0.0	6:13	7:39	
25	Wed	11:46	8.5			5:49	-0.4	6:07	-0.4	6:14	7:38	
26	Thu	12:04	8.7	12:27	9.0	6:26	-0.7	6:50	-0.8	6:15	7:36	
27	Fri	12:49	8.9	1:11	9.3	7:07	-0.9	7:36	-1.0	6:16	7:35	
28	Sat	1:35	8.9	1:58	9.4	7:51	-0.9	8:24	-1.0	6:17	7:33	
29	Sun	2:24	8.7	2:48	9.3	8:38	-0.7	9:17	-0.8	6:18	7:31	
30	Mon	3:16	8.4	3:42	9.1	9:31	-0.4	10:18	-0.5	6:19	7:30	
31	Tue	4:15	8.0	4:44	8.7	10:33	-0.1	11:30	-0.1	6:20	7:28	