US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**7:43**	7.5	**8:15**	6.8	**1:33**	0.4	**2:10**	0.1	7:00	4:27	
2	Thu	**8:33**	7.5	**9:05**	6.8	**2:25**	0.5	**3:00**	0.0	7:01	4:27	
3	Fri	**9:17**	7.6	**9:49**	6.9	**3:12**	0.5	**3:46**	-0.1	7:02	4:27	
4	Sat	**9:55**	7.6	**10:28**	6.9	**3:55**	0.5	**4:27**	-0.2	7:03	4:27	
5	Sun	**10:27**	7.6	**11:01**	6.9	**4:33**	0.6	**5:05**	-0.2	7:04	4:26	
6	Mon	**10:50**	7.6	**11:26**	6.9	**5:04**	0.6	**5:36**	-0.2	7:04	4:26	
7	Tue	**11:14**	7.7	**11:48**	7.0	**5:28**	0.6	**6:00**	-0.2	7:05	4:26	
8	Wed	**11:46**	7.8			**5:52**	0.6	**6:23**	-0.2	7:06	4:26	
9	Thu	**12:18**	7.1	**12:24**	7.8	**6:26**	0.5	**6:54**	-0.2	7:07	4:26	
10	Fri	**12:56**	7.3	**1:06**	7.8	**7:05**	0.4	**7:32**	-0.2	7:08	4:26	
11	Sat	**1:38**	7.4	**1:53**	7.6	**7:50**	0.4	**8:15**	-0.2	7:09	4:26	
12	Sun	**2:25**	7.5	**2:43**	7.5	**8:40**	0.3	**9:04**	-0.1	7:10	4:27	
13	Mon	**3:16**	7.7	**3:38**	7.3	**9:38**	0.3	**9:58**	0.0	7:10	4:27	
14	Tue	**4:11**	7.8	**4:38**	7.1	**10:42**	0.2	**10:58**	0.1	7:11	4:27	
15	Wed	**5:11**	7.9	**5:43**	7.0	**11:51**	0.0			7:12	4:27	
16	Thu	**6:15**	8.1	**6:54**	7.1	**12:01**	0.0	**1:04**	-0.3	7:12	4:28	
17	Fri	**7:21**	8.4	**8:06**	7.3	**1:08**	-0.1	**2:11**	-0.7	7:13	4:28	
18	Sat	**8:26**	8.7	**9:09**	7.6	**2:15**	-0.3	**3:11**	-1.1	7:14	4:28	
19	Sun	**9:24**	8.9	**10:05**	7.9	**3:16**	-0.5	**4:05**	-1.4	7:14	4:29	
20	Mon	**10:17**	9.0	**10:57**	8.1	**4:13**	-0.8	**4:57**	-1.6	7:15	4:29	
21	Tue	**11:09**	9.0	**11:48**	8.2	**5:07**	-0.9	**5:46**	-1.7	7:15	4:30	
22	Wed	**11:59**	8.9			**5:59**	-0.9	**6:34**	-1.6	7:16	4:30	
23	Thu	**12:37**	8.2	**12:48**	8.6	**6:50**	-0.8	**7:20**	-1.3	7:16	4:31	
24	Fri	**1:25**	8.1	**1:37**	8.2	**7:40**	-0.6	**8:08**	-1.0	7:17	4:31	
25	Sat	**2:14**	7.9	**2:27**	7.7	**8:34**	-0.3	**8:57**	-0.6	7:17	4:32	
26	Sun	**3:05**	7.7	**3:20**	7.2	**9:31**	0.0	**9:51**	-0.2	7:17	4:33	
27	Mon	**3:59**	7.4	**4:20**	6.8	**10:33**	0.2	**10:49**	0.2	7:18	4:33	
28	Tue	**4:57**	7.2	**5:26**	6.5	**11:35**	0.4	**11:49**	0.5	7:18	4:34	
29	Wed	**5:57**	7.1	**6:33**	6.3			**12:36**	0.4	7:18	4:35	
30	Thu	**6:57**	7.0	**7:35**	6.2	**12:49**	0.7	**1:33**	0.3	7:18	4:35	
31	Fri	**7:53**	7.1	**8:31**	6.3	**1:45**	0.7	**2:27**	0.2	7:19	4:36	