US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:17	8.2	3:48	7.2	9:47	-0.3	10:03	0.0	6:28	5:45	
2	Thu	4:16	8.0	4:52	7.0	10:54	-0.2	11:11	0.2	6:27	5:46	
3	Fri	5:23	7.8	6:08	7.0			12:14	-0.1	6:25	5:47	
4	Sat	6:42	7.8	7:36	7.2	12:33	0.2	1:35	-0.3	6:24	5:48	
5	Sun	8:04	8.0	8:46	7.6	1:56	-0.1	2:41	-0.7	6:22	5:49	
6	Mon	9:09	8.2	9:42	8.1	3:03	-0.5	3:38	-1.0	6:20	5:50	
7	Tue	10:04	8.5	10:32	8.4	4:00	-0.9	4:28	-1.2	6:19	5:52	
8	Wed	10:54	8.6	11:19	8.6	4:52	-1.2	5:16	-1.3	6:17	5:53	
9	Thu	11:40	8.5			5:39	-1.3	5:59	-1.3	6:16	5:54	
10	Fri	12:02	8.7	12:23	8.4	6:24	-1.2	6:40	-1.1	6:14	5:55	
11	Sat	12:42	8.6	1:03	8.1	7:06	-1.1	7:19	-0.7	6:12	5:56	
12	Sun	1:19	8.3	1:41	7.7	7:47	-0.7	7:56	-0.3	6:11	5:57	
13	Mon	1:56	8.0	2:20	7.3	8:29	-0.4	8:36	0.1	6:09	5:58	
14	Tue	2:35	7.7	3:03	6.9	9:15	0.1	9:21	0.5	6:07	5:59	
15	Wed	3:19	7.3	3:53	6.5	10:12	0.4	10:19	0.9	6:06	6:00	
16	Thu	4:13	7.0	4:59	6.3	11:18	0.7	11:33	1.1	6:04	6:01	
17	Fri	5:20	6.7	6:20	6.2			12:26	0.8	6:03	6:03	
18	Sat	6:42	6.6	7:30	6.3	12:46	1.2	1:28	0.8	6:01	6:04	
19	Sun	7:49	6.7	8:26	6.5	1:49	1.0	2:22	0.6	5:59	6:05	
20	Mon	8:42	6.9	9:11	6.8	2:42	0.8	3:10	0.4	5:58	6:06	
21	Tue	9:25	7.1	9:47	7.1	3:28	0.5	3:50	0.2	5:56	6:07	
22	Wed	10:00	7.3	10:15	7.5	4:07	0.2	4:24	0.1	5:54	6:08	
23	Thu	10:28	7.6	10:40	7.8	4:40	0.0	4:50	-0.1	5:53	6:09	
24	Fri	10:58	7.8	11:11	8.2	5:08	-0.3	5:16	-0.3	5:51	6:10	
25	Sat	11:33	8.0	11:48	8.5	5:38	-0.6	5:47	-0.4	5:49	6:11	
26	Sun			12:12	8.1	6:14	-0.8	6:25	-0.6	5:48	6:12	
27	Mon	12:30	8.7	12:56	8.1	6:55	-0.9	7:07	-0.6	5:46	6:13	
28	Tue	1:15	8.8	1:43	8.0	7:40	-0.9	7:54	-0.4	5:44	6:14	
29	Wed	2:04	8.7	2:35	7.8	8:31	-0.7	8:48	-0.2	5:43	6:15	
30	Thu	2:58	8.4	3:33	7.6	9:31	-0.4	9:51	0.1	5:41	6:16	
31	Fri	4:00	8.1	4:42	7.4	10:41	-0.2	11:07	0.2	5:39	6:17	