US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:30	7.5	11:51	7.3	5:33	-0.1	5:53	-0.3	6:27	5:45	
2	Sun	11:58	7.4			6:06	0.0	6:21	-0.2	6:26	5:47	
3	Mon	12:13	7.4	12:18	7.4	6:33	0.0	6:41	-0.1	6:24	5:48	
4	Tue	12:31	7.5	12:43	7.3	6:54	0.0	7:00	0.0	6:23	5:49	
5	Wed	12:58	7.6	1:15	7.3	7:20	0.0	7:29	0.1	6:21	5:50	
6	Thu	1:33	7.6	1:54	7.1	7:55	0.1	8:06	0.3	6:20	5:51	
7	Fri	2:14	7.6	2:38	6.9	8:37	0.2	8:49	0.5	6:18	5:52	
8	Sat	2:59	7.5	3:27	6.7	9:25	0.4	9:38	0.7	6:16	5:53	
9	Sun	3:50	7.3	4:21	6.5	10:21	0.5	10:35	0.9	6:15	5:54	
10	Mon	4:46	7.2	5:21	6.4	11:24	0.6	11:38	0.9	6:13	5:56	
11	Tue	5:47	7.2	6:29	6.5			12:35	0.5	6:12	5:57	
12	Wed	6:55	7.4	7:41	6.9	12:48	0.7	1:47	0.2	6:10	5:58	
13	Thu	8:05	7.7	8:45	7.5	2:01	0.3	2:47	-0.3	6:08	5:59	
14	Fri	9:06	8.1	9:38	8.1	3:04	-0.2	3:39	-0.7	6:07	6:00	
15	Sat	9:59	8.5	10:26	8.6	3:59	-0.8	4:26	-1.1	6:05	6:01	
16	Sun	10:49	8.8	11:13	9.1	4:49	-1.3	5:12	-1.4	6:03	6:02	
17	Mon	11:38	9.0			5:38	-1.6	5:57	-1.6	6:02	6:03	
18	Tue	12:00	9.3	12:27	8.9	6:27	-1.8	6:43	-1.5	6:00	6:04	
19	Wed	12:48	9.4	1:16	8.7	7:16	-1.7	7:31	-1.3	5:58	6:05	
20	Thu	1:37	9.2	2:08	8.3	8:08	-1.4	8:23	-0.9	5:57	6:06	
21	Fri	2:30	8.8	3:05	7.8	9:06	-0.9	9:22	-0.3	5:55	6:07	
22	Sat	3:29	8.3	4:12	7.4	10:13	-0.5	10:33	0.1	5:53	6:08	
23	Sun	4:38	7.8	5:27	7.0	11:24	-0.1	11:48	0.4	5:52	6:10	
24	Mon	5:54	7.4	6:40	6.9			12:32	0.1	5:50	6:11	
25	Tue	7:06	7.3	7:45	6.9	12:58	0.5	1:35	0.1	5:48	6:12	
26	Wed	8:09	7.3	8:42	7.1	2:00	0.4	2:32	0.1	5:47	6:13	
27	Thu	9:03	7.4	9:30	7.3	2:56	0.3	3:23	0.0	5:45	6:14	
28	Fri	9:50	7.4	10:13	7.4	3:45	0.1	4:08	0.0	5:43	6:15	
29	Sat	10:31	7.5	10:49	7.5	4:29	0.0	4:48	0.0	5:42	6:16	
30	Sun	11:06	7.4	11:19	7.6	5:08	0.0	5:23	0.1	5:40	6:17	
31	Mon	11:34	7.4	11:38	7.6	5:41	-0.1	5:50	0.2	5:38	6:18	