US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:26	7.6	9:01	6.8	2:16	0.2	2:54	-0.4	7:19	4:37	
2	Tue	9:16	7.6	9:49	6.8	3:09	0.2	3:44	-0.4	7:19	4:37	
3	Wed	10:00	7.6	10:32	6.8	3:56	0.3	4:29	-0.4	7:19	4:38	
4	Thu	10:38	7.5	11:10	6.8	4:39	0.3	5:09	-0.4	7:19	4:39	
5	Fri	11:10	7.5	11:42	6.8	5:17	0.4	5:45	-0.4	7:19	4:40	
6	Sat	11:33	7.4			5:48	0.4	6:14	-0.3	7:19	4:41	
7	Sun	12:04	6.9	11:56 AM	7.4	6:12	0.4	6:35	-0.2	7:19	4:42	
8	Mon	12:25	7.0	12:27	7.4	6:36	0.3	6:57	-0.2	7:18	4:43	
9	Tue	12:55	7.2	1:05	7.4	7:08	0.3	7:28	-0.2	7:18	4:44	
10	Wed	1:33	7.3	1:47	7.3	7:47	0.2	8:06	-0.2	7:18	4:45	
11	Thu	2:15	7.4	2:33	7.1	8:32	0.2	8:50	0.0	7:18	4:46	
12	Fri	3:01	7.5	3:23	6.9	9:22	0.3	9:39	0.1	7:18	4:47	
13	Sat	3:52	7.5	4:17	6.8	10:19	0.3	10:33	0.2	7:17	4:48	
14	Sun	4:47	7.6	5:17	6.6	11:22	0.2	11:32	0.3	7:17	4:49	
15	Mon	5:46	7.7	6:22	6.7			12:30	0.0	7:17	4:50	
16	Tue	6:50	7.9	7:33	6.9	12:37	0.2	1:42	-0.3	7:16	4:51	
17	Wed	7:57	8.1	8:42	7.2	1:45	0.0	2:47	-0.7	7:16	4:53	
18	Thu	8:59	8.5	9:41	7.7	2:51	-0.4	3:43	-1.2	7:15	4:54	
19	Fri	9:56	8.8	10:35	8.1	3:52	-0.7	4:35	-1.5	7:15	4:55	
20	Sat	10:50	9.0	11:26	8.4	4:48	-1.1	5:25	-1.8	7:14	4:56	
21	Sun	11:42	9.0			5:41	-1.3	6:13	-1.9	7:14	4:57	
22	Mon	12:16	8.7	12:33	8.9	6:33	-1.4	7:00	-1.8	7:13	4:58	
23	Tue	1:06	8.7	1:23	8.6	7:25	-1.3	7:48	-1.6	7:12	5:00	
24	Wed	1:56	8.6	2:15	8.1	8:19	-1.1	8:39	-1.2	7:12	5:01	
25	Thu	2:47	8.3	3:10	7.6	9:17	-0.8	9:34	-0.7	7:11	5:02	
26	Fri	3:43	8.0	4:12	7.1	10:20	-0.4	10:36	-0.2	7:10	5:03	
27	Sat	4:45	7.6	5:20	6.7	11:24	-0.2	11:41	0.2	7:09	5:04	
28	Sun	5:50	7.3	6:29	6.4			12:28	0.0	7:08	5:06	
29	Mon	6:55	7.2	7:34	6.4	12:45	0.4	1:29	0.1	7:08	5:07	
30	Tue	7:56	7.1	8:32	6.4	1:46	0.5	2:26	0.0	7:07	5:08	
31	Wed	8:49	7.2	9:23	6.5	2:41	0.5	3:17	-0.1	7:06	5:09	