US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:49	7.0	4:10	6.5	10:20	0.8	10:32	0.6	7:19	4:37	
2	Thu	4:41	7.0	5:07	6.3	11:22	0.7	11:27	0.7	7:19	4:38	
3	Fri	5:36	7.1	6:08	6.3			12:28	0.6	7:19	4:39	
4	Sat	6:34	7.2	7:12	6.4	12:25	0.7	1:32	0.3	7:19	4:40	
5	Sun	7:32	7.5	8:14	6.6	1:24	0.6	2:28	-0.1	7:19	4:41	
6	Mon	8:27	7.9	9:08	7.0	2:21	0.3	3:17	-0.5	7:19	4:42	
7	Tue	9:18	8.3	9:57	7.4	3:14	0.0	4:03	-0.9	7:18	4:43	
8	Wed	10:08	8.6	10:44	7.9	4:04	-0.4	4:48	-1.3	7:18	4:44	
9	Thu	10:57	8.9	11:33	8.2	4:55	-0.8	5:33	-1.6	7:18	4:45	
10	Fri	11:47	9.0			5:45	-1.1	6:19	-1.7	7:18	4:46	
11	Sat	12:22	8.5	12:38	8.9	6:37	-1.2	7:07	-1.7	7:18	4:47	
12	Sun	1:13	8.7	1:31	8.7	7:31	-1.2	7:57	-1.6	7:17	4:48	
13	Mon	2:06	8.6	2:26	8.3	8:28	-1.1	8:52	-1.3	7:17	4:49	
14	Tue	3:03	8.5	3:28	7.8	9:34	-0.8	9:54	-0.9	7:17	4:50	
15	Wed	4:06	8.3	4:38	7.4	10:45	-0.6	11:03	-0.5	7:16	4:51	
16	Thu	5:15	8.0	5:53	7.0	11:55	-0.5			7:16	4:52	
17	Fri	6:25	7.8	7:06	6.9	12:13	-0.2	1:02	-0.5	7:15	4:53	
18	Sat	7:32	7.8	8:11	6.9	1:20	-0.1	2:04	-0.5	7:15	4:55	
19	Sun	8:32	7.7	9:07	6.9	2:21	0.0	3:00	-0.6	7:14	4:56	
20	Mon	9:24	7.7	9:58	7.0	3:16	0.0	3:51	-0.7	7:14	4:57	
21	Tue	10:11	7.7	10:43	7.0	4:06	0.0	4:38	-0.7	7:13	4:58	
22	Wed	10:52	7.6	11:22	7.0	4:51	0.0	5:20	-0.6	7:12	4:59	
23	Thu	11:27	7.5	11:56	7.0	5:31	0.1	5:57	-0.5	7:12	5:00	
24	Fri	11:55	7.4			6:06	0.1	6:28	-0.4	7:11	5:02	
25	Sat	12:22	7.0	12:16	7.4	6:33	0.2	6:50	-0.3	7:10	5:03	
26	Sun	12:41	7.1	12:43	7.3	6:56	0.2	7:11	-0.2	7:09	5:04	
27	Mon	1:08	7.2	1:18	7.2	7:24	0.2	7:39	-0.1	7:09	5:05	
28	Tue	1:43	7.3	1:58	7.1	8:01	0.2	8:16	0.0	7:08	5:07	
29	Wed	2:23	7.3	2:43	6.9	8:44	0.3	8:58	0.2	7:07	5:08	
30	Thu	3:09	7.3	3:32	6.7	9:33	0.4	9:46	0.4	7:06	5:09	
31	Fri	3:58	7.3	4:25	6.5	10:28	0.4	10:40	0.6	7:05	5:10	